



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

**ULTRAMARATON BABIA GÓRA**  
KOZICA Fundacja Biegów Górskich  
2024-06-08  
Babia Góra  
39 km

## 3X BABIA GÓRA MARATON

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: [Wszyscy](#)

| Msc | Zawodnik            | Numer | Klub                                | Kategoria | Mkat | Krowiarki        |                     |           | Krowiarki         |           |                   | Czas netto<br>40km | Czas brutto<br>40km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|---------------------|-------|-------------------------------------|-----------|------|------------------|---------------------|-----------|-------------------|-----------|-------------------|--------------------|---------------------|----------------------|-----------------|----------------|
|     |                     |       |                                     |           |      | Babia 1<br>4.5km | Raiszttag<br>12.5km | 1<br>19km | Babia 2<br>23.5km | 2<br>28km | Babia 3<br>35.5km |                    |                     |                      |                 |                |
| 1   | KUCEK Wojciech      | 289   |                                     | M1        | 1    | 00:50:27         | 01:33:46            | 02:16:32  | 03:08:22          | 03:40:24  | 04:55:27          | <b>05:28:07.60</b> | <b>05:28:12.60</b>  |                      | 8:12            | 7.3<br>(100%)  |
| 2   | KOPCEWICZ Tomasz    | 201   |                                     | M2        | 1    | 00:50:14         | 01:34:41            | 02:23:32  | 03:20:52          | 03:49:34  | 05:10:15          | <b>05:36:35.85</b> | <b>05:36:38.75</b>  | +00:08:26<br>(2.5%)  | 8:24            | 7.1<br>(97.3%) |
| 3   | HERCHEL Arkadiusz   | 322   |                                     | M2        | 2    | 00:56:16         | 01:41:23            | 02:28:04  | 03:28:44          | 03:58:30  | 05:17:26          | <b>05:43:40.60</b> | <b>05:43:48.60</b>  | +00:15:36<br>(4.5%)  | 8:35            | 7<br>(95.9%)   |
| 4   | KUCHTA Maria        | 313   | STAJNIAK TEAM                       | K1        | 1    | 00:51:57         | 01:36:16            | 02:22:54  | 03:21:07          | 03:51:56  | 05:13:03          | <b>05:44:14.45</b> | <b>05:44:17.35</b>  | +00:16:04<br>(4.7%)  | 8:36            | 7<br>(95.9%)   |
| 5   | BEDNARCZYK Gerard   | 260   |                                     | M2        | 3    | 00:56:15         | 01:41:42            | 02:33:43  | 03:31:37          | 04:02:20  | 05:24:38          | <b>05:54:34.15</b> | <b>05:54:38.85</b>  | +00:26:26<br>(7.5%)  | 8:51            | 6.8<br>(93.2%) |
| 6   | KORCZ Daniel        | 293   | TERVEL BIEGACZ GÓRSKI / BESTTEXT.PL | M2        | 4    | 00:56:16         | 01:46:06            | 02:33:53  | 03:35:06          | 04:09:25  | 05:32:11          | <b>06:06:48.55</b> | <b>06:06:52.65</b>  | +00:38:40<br>(10.5%) | 9:10            | 6.5<br>(89.0%) |
| 7   | SZCZYPEK Wojciech   | 309   | AKTYWNA PSZCZYNA RUNNERS TEAM       | M1        | 2    | 00:59:04         | 01:49:30            | 02:40:49  | 03:46:44          | 04:18:33  | 05:43:24          | <b>06:16:04.50</b> | <b>06:16:08.15</b>  | +00:47:55<br>(12.7%) | 9:24            | 6.4<br>(87.7%) |
| 8   | NAJZER Szymon       | 290   | OMTC RUNNING TEAM                   | M1        | 3    | 00:56:42         | 01:48:06            | 02:46:42  | 03:45:36          | 04:22:45  | 05:48:32          | <b>06:18:51.25</b> | <b>06:18:55.05</b>  | +00:50:42<br>(13.4%) | 9:28            | 6.3<br>(86.3%) |
| 9   | NIESZPOREK Adam     | 225   |                                     | M2        | 5    | 01:00:01         | 01:46:01            | 02:35:36  | 03:36:47          | 04:11:03  | 05:47:57          | <b>06:22:31.75</b> | <b>06:22:43.15</b>  | +00:54:30<br>(14.2%) | 9:33            | 6.3<br>(86.3%) |
| 10  | ZAKOWICZ Paweł      | 255   |                                     | M2        | 6    | 00:50:31         | 01:43:07            | 02:41:48  | 03:42:16          | 04:18:55  | 05:47:13          | <b>06:24:05.60</b> | <b>06:24:10.05</b>  | +00:55:57<br>(14.6%) | 9:36            | 6.2<br>(84.9%) |
| 11  | SMACZNY Bartłomiej  | 263   |                                     | M2        | 7    | 00:59:59         | 01:47:55            | 02:42:16  | 03:50:18          | 04:23:03  | 05:55:39          | <b>06:28:23.90</b> | <b>06:28:35.70</b>  | +01:00:23<br>(15.5%) | 9:42            | 6.2<br>(84.9%) |
| 12  | SZCZYRBOWSKI Michał | 257   | TURBOKILLA                          | M2        | 8    | 00:55:54         | 01:52:02            | 02:44:53  | 03:43:28          | 04:22:12  | 05:47:29          | <b>06:28:27.15</b> | <b>06:28:36.00</b>  | +01:00:23<br>(15.5%) | 9:42            | 6.2<br>(84.9%) |
| 13  | BROJA Rafał         | 222   |                                     | M2        | 9    | 00:56:32         | 01:47:52            | 02:42:48  | 03:45:26          | 04:20:03  | 05:49:32          | <b>06:30:41.15</b> | <b>06:30:48.55</b>  | +01:02:35<br>(16.0%) | 9:46            | 6.1<br>(83.6%) |
| 14  | BROJA Adrian        | 280   |                                     | M2        | 10   | 00:56:34         | 01:47:51            | 02:42:47  | 03:45:46          | 04:20:38  | 05:55:00          | <b>06:30:40.60</b> | <b>06:30:49.20</b>  | +01:02:36<br>(16.0%) | 9:46            | 6.1<br>(83.6%) |
| 15  | BEDNARZ Sebastian   | 211   | OTM.B                               | M3        | 1    | 00:57:20         | 01:47:11            | 02:42:48  | 03:49:30          | 04:24:36  | 05:56:12          | <b>06:30:56.40</b> | <b>06:31:01.85</b>  | +01:02:49<br>(16.1%) | 9:46            | 6.1<br>(83.6%) |
| 16  | BUJOCZEK Leszek     | 281   | AZS AWF KRAKÓW MASTERS              | M2        | 11   | 00:57:58         | 01:52:00            | 02:43:43  | 03:43:45          | 04:22:01  | 05:56:50          | <b>06:31:49.70</b> | <b>06:32:03.75</b>  | +01:03:51<br>(16.3%) | 9:47            | 6.1<br>(83.6%) |
| 17  | TWORZYDŁO Piotr     | 208   |                                     | M3        | 2    | 00:54:28         | 01:44:50            | 02:37:12  | 03:45:44          | 04:26:47  | 05:57:28          | <b>06:35:43.65</b> | <b>06:35:47.65</b>  | +01:07:35<br>(17.1%) | 9:53            | 6.1<br>(83.6%) |
| 18  | CZERWONKA Bartosz   | 269   |                                     | M1        | 4    | 01:00:03         | 01:53:16            | 02:49:22  | 03:54:17          | 04:29:24  | 05:59:45          | <b>06:35:59.90</b> | <b>06:36:05.40</b>  | +01:07:52<br>(17.1%) | 9:53            | 6.1<br>(83.6%) |

| Msc | Zawodnik            | Numer | Klub                                     | Kategoria | Mkat | Krowiarki        |                    |           | Krowiarki         |           |                   | Czas netto<br>40km | Czas brutto<br>40km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|---------------------|-------|------------------------------------------|-----------|------|------------------|--------------------|-----------|-------------------|-----------|-------------------|--------------------|---------------------|----------------------|-----------------|----------------|
|     |                     |       |                                          |           |      | Babia 1<br>4.5km | Raisztag<br>12.5km | 1<br>19km | Babia 2<br>23.5km | 2<br>28km | Babia 3<br>35.5km |                    |                     |                      |                 |                |
| 19  | DYREK Mateusz       | 203   |                                          | M2        | 12   | 00:56:47         | 01:45:56           | 02:41:14  | 03:52:08          | 04:29:28  | 06:07:57          | <b>06:39:14.65</b> | <b>06:39:18.15</b>  | +01:11:05<br>(17.8%) | 9:58            | 6<br>(82.2%)   |
| 20  | RYCZEK Sebastian    | 297   | ZABIERZÓW BIEGA                          | M1        | 5    | 01:00:56         | 01:52:40           | 02:48:00  | 03:56:31          | 04:33:40  | 06:09:23          | <b>06:39:43.00</b> | <b>06:39:56.55</b>  | +01:11:43<br>(17.9%) | 9:59            | 6<br>(82.2%)   |
| 21  | GRABIAS Aleksandra  | 252   |                                          | K2        | 1    | 01:03:59         | 02:03:17           | 03:00:28  | 04:06:20          | 04:44:20  | 06:07:53          | <b>06:41:16.35</b> | <b>06:41:20.95</b>  | +01:13:08<br>(18.2%) | 10:01           | 6<br>(82.2%)   |
| 22  | PIKUSA Joanna       | 315   |                                          | K1        | 2    | 01:00:55         | 01:58:25           | 02:52:59  | 03:58:06          | 04:37:23  | 06:07:16          | <b>06:42:21.05</b> | <b>06:42:28.95</b>  | +01:14:16<br>(18.5%) | 10:03           | 6<br>(82.2%)   |
| 23  | BROLL Romuald       | 312   |                                          | M2        | 13   | 00:58:19         | 01:52:40           | 02:48:41  | 03:53:48          | 04:33:37  | 06:07:05          | <b>06:45:10.00</b> | <b>06:45:15.75</b>  | +01:17:03<br>(19.0%) | 10:07           | 5.9<br>(80.8%) |
| 24  | BUDREWICZ Katarzyna | 236   | BUDRYSY                                  | K2        | 2    | 00:58:51         | 01:49:19           | 02:47:31  | 03:58:01          | 04:32:40  | 06:16:01          | <b>06:49:16.40</b> | <b>06:49:25.30</b>  | +01:21:12<br>(19.8%) | 10:13           | 5.9<br>(80.8%) |
| 25  | JANKOWSKI Dawid     | 279   |                                          | M2        | 14   | 00:56:31         | 01:49:20           | 02:45:02  | 03:48:29          | 04:29:29  | 06:09:25          | <b>06:54:56.85</b> | <b>06:55:13.05</b>  | +01:27:00<br>(21.0%) | 10:22           | 5.8<br>(79.5%) |
| 26  | WĄSOWICZ Paweł      | 216   | FIZJOTERAPIA WĄSOWICZ                    | M1        | 6    | 01:02:41         | 01:57:38           | 02:57:19  | 04:08:24          | 04:42:53  | 06:20:21          | <b>06:56:21.65</b> | <b>06:56:38.65</b>  | +01:28:26<br>(21.2%) | 10:24           | 5.8<br>(79.5%) |
| 27  | BRZUSKA Lesław      | 210   |                                          | M2        | 15   | 00:59:53         | 01:48:42           | 02:47:53  | 03:57:06          | 04:36:54  | 06:14:54          | <b>06:57:50.60</b> | <b>06:58:01.35</b>  | +01:29:48<br>(21.5%) | 10:26           | 5.7<br>(78.1%) |
| 28  | KRASZEWSKI Wojciech | 268   |                                          | M1        | 7    | 00:55:47         | 01:49:40           | 02:50:01  | 03:55:01          | 04:37:36  | 06:14:59          | <b>07:04:32.10</b> | <b>07:04:45.95</b>  | +01:36:33<br>(22.7%) | 10:36           | 5.7<br>(78.1%) |
| 29  | KALETA Leszek       | 270   |                                          | M2        | 16   | 00:59:10         | 01:52:15           | 02:49:23  | 03:57:15          | 04:34:26  | 06:19:54          | <b>07:06:40.70</b> | <b>07:06:46.05</b>  | +01:38:33<br>(23.1%) | 10:40           | 5.6<br>(76.7%) |
| 30  | ZAJĄC Rafał         | 246   | NADAKTYWNI NOWE MIASTECZKO               | M2        | 17   | 01:01:42         | 01:53:27           | 02:51:39  | 04:02:47          | 04:47:00  | 06:27:23          | <b>07:06:44.75</b> | <b>07:06:56.70</b>  | +01:38:44<br>(23.1%) | 10:40           | 5.6<br>(76.7%) |
| 31  | KASIARZ Marek       | 267   | SKL SUCHA BESKIDZKA MASTERS, KS KANDAHAR | M3        | 3    | 01:06:18         | 02:02:45           | 03:00:18  | 04:07:49          | 04:47:30  | 06:25:53          | <b>07:08:13.75</b> | <b>07:08:24.60</b>  | +01:40:12<br>(23.4%) | 10:42           | 5.6<br>(76.7%) |
| 32  | VAŠICA Martin       | 266   | ŠEDÍ VLČI                                | M2        | 18   | 00:56:23         | 01:52:14           | 02:48:04  | 04:01:13          | 04:42:40  | 06:28:27          | <b>07:08:50.00</b> | <b>07:09:03.10</b>  | +01:40:50<br>(23.5%) | 10:43           | 5.6<br>(76.7%) |
| 33  | BŁAŻEJOWSKI Jakub   | 314   |                                          | M1        | 8    | 01:04:12         | 02:02:31           | 03:02:43  | 04:13:02          | 04:52:15  | 06:31:58          | <b>07:09:48.05</b> | <b>07:09:56.45</b>  | +01:41:43<br>(23.7%) | 10:44           | 5.6<br>(76.7%) |
| 34  | FRANICA Tomasz      | 305   |                                          | M2        | 19   | 01:09:32         | 02:07:13           | 03:09:07  | 04:15:33          | 04:52:40  | 06:32:31          | <b>07:11:14.10</b> | <b>07:11:27.90</b>  | +01:43:15<br>(23.9%) | 10:46           | 5.6<br>(76.7%) |
| 35  | JANKOWSKI Krzysztof | 275   |                                          | M1        | 9    | 01:04:17         | 02:02:28           | 03:00:16  | 04:06:59          | 04:46:02  | 06:26:17          | <b>07:11:50.25</b> | <b>07:12:01.85</b>  | +01:43:49<br>(24.0%) | 10:47           | 5.6<br>(76.7%) |
| 36  | MROCZEK Andrzej     | 296   | MEDYCY W BIEGU                           | M2        | 20   | 00:58:53         | 01:53:25           | 02:49:32  | 04:05:07          | 04:52:41  | 06:32:47          | <b>07:14:27.90</b> | <b>07:14:38.15</b>  | +01:46:25<br>(24.5%) | 10:51           | 5.5<br>(75.3%) |
| 37  | STERNAL Grzegorz    | 215   |                                          | M2        | 21   | 01:02:37         | 01:57:41           | 02:57:19  | 04:08:29          | 04:47:34  | 06:39:46          | <b>07:15:48.05</b> | <b>07:16:03.95</b>  | +01:47:51<br>(24.7%) | 10:53           | 5.5<br>(75.3%) |
| 38  | BŁĘDOWSKI Mariusz   | 226   | ULTRA WAY TEAM / COYOTE TEAM             | M2        | 22   | 01:03:00         | 02:00:30           | 03:06:19  | 04:18:15          | 04:59:54  | 06:37:34          | <b>07:17:21.35</b> | <b>07:17:30.35</b>  | +01:49:17<br>(25.0%) | 10:56           | 5.5<br>(75.3%) |
| 39  | KULAWIK Bartek      | 316   |                                          | M2        | 23   | 01:00:50         | 01:53:22           | 02:53:48  | 04:08:30          | 04:51:24  | 06:35:17          | <b>07:18:39.00</b> | <b>07:18:49.05</b>  | +01:50:36<br>(25.2%) | 10:57           | 5.5<br>(75.3%) |
| 40  | GRABOWY Mateusz     | 245   | MATNER RUNNING TEAM/ NADAKTYWNI          | M1        | 10   | 01:01:39         | 02:02:32           | 03:08:19  | 04:16:19          | 04:59:44  | 06:34:49          | <b>07:21:36.40</b> | <b>07:21:47.35</b>  | +01:53:34<br>(25.7%) | 11:02           | 5.4<br>(74.0%) |
| 41  | PŁOSKONKA Jakub     | 286   | TRAIL IS OUR WAY                         | M1        | 11   | 00:56:27         | 01:42:53           | 02:29:24  | 03:27:29          | 03:57:39  | 06:14:46          | <b>07:27:58.15</b> | <b>07:28:01.50</b>  | +01:59:48<br>(26.7%) | 11:11           | 5.4<br>(74.0%) |
| 42  | CICHOWSKI Krzysztof | 207   |                                          | M2        | 24   | 01:00:51         | 01:53:05           | 02:48:05  | 04:11:06          | 04:59:23  | 06:39:40          | <b>07:28:07.50</b> | <b>07:28:22.60</b>  | +02:00:10<br>(26.8%) | 11:12           | 5.4<br>(74.0%) |
| 43  | ROLIK Anna          | 241   |                                          | K2        | 3    | 01:04:24         | 02:06:37           | 03:11:25  | 04:25:08          | 05:11:23  | 06:46:04          | <b>07:31:14.70</b> | <b>07:31:22.15</b>  | +02:03:09<br>(27.3%) | 11:16           | 5.3<br>(72.6%) |
| 44  | NOWAK Michał        | 288   | BANICI ULTRA                             | M2        | 25   | 01:03:41         | 02:04:13           | 03:08:04  | 04:18:07          | 05:03:41  | 06:55:04          | <b>07:35:14.35</b> | <b>07:35:21.55</b>  | +02:07:08<br>(27.9%) | 11:22           | 5.3<br>(72.6%) |

| Msc | Zawodnik                     | Numer      | Klub                     | Kategoria | Mkat | Krowiarki        |                    |           | Krowiarki         |           |                   | Czas netto<br>40km | Czas brutto<br>40km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|------------------------------|------------|--------------------------|-----------|------|------------------|--------------------|-----------|-------------------|-----------|-------------------|--------------------|---------------------|----------------------|-----------------|----------------|
|     |                              |            |                          |           |      | Babia 1<br>4.5km | Raisztag<br>12.5km | 1<br>19km | Babia 2<br>23.5km | 2<br>28km | Babia 3<br>35.5km |                    |                     |                      |                 |                |
| 45  | <b>WŁOCH Sławomir</b>        | <b>209</b> |                          | M3        | 4    | 01:03:41         | 01:59:16           | 02:55:31  | 04:18:35          | 05:01:50  | 06:53:42          | <b>07:37:16.50</b> | <b>07:37:21.45</b>  | +02:09:08<br>(28.2%) | 11:25           | 5.2<br>(71.2%) |
| 46  | <b>PORSZKE Andrzej</b>       | <b>308</b> | LEON LATA                | M2        | 26   | 01:02:00         | 01:58:07           | 02:58:13  | 04:18:11          | 05:05:05  | 06:58:50          | <b>07:37:34.50</b> | <b>07:37:40.80</b>  | +02:09:28<br>(28.3%) | 11:26           | 5.2<br>(71.2%) |
| 47  | <b>KASPERKIEWICZ Maja</b>    | <b>277</b> |                          | K2        | 4    | 01:08:00         | 02:11:19           | 03:19:07  | 04:35:29          | 05:18:42  | 07:00:06          | <b>07:39:10.80</b> | <b>07:39:23.80</b>  | +02:11:11<br>(28.6%) | 11:28           | 5.2<br>(71.2%) |
| 48  | <b>RUSIN Anna</b>            | <b>299</b> | KOZICE GÓRSKIE           | K2        | 5    | 01:06:47         | 02:06:23           | 03:13:18  | 04:32:15          | 05:15:21  | 06:59:05          | <b>07:39:08.05</b> | <b>07:39:23.95</b>  | +02:11:11<br>(28.6%) | 11:28           | 5.2<br>(71.2%) |
| 49  | <b>TRZCINSKI Maciej</b>      | <b>298</b> | FNS                      | M2        | 27   | 01:09:12         | 02:12:49           | 03:17:59  | 04:35:11          | 05:18:26  | 07:01:26          | <b>07:42:54.15</b> | <b>07:43:00.85</b>  | +02:14:48<br>(29.1%) | 11:34           | 5.2<br>(71.2%) |
| 50  | <b>ADAMSKI Tomasz</b>        | <b>217</b> | GITT DRUŻYNA             | M2        | 28   | 00:58:29         | 01:54:56           | 02:59:10  | 04:19:33          | 05:05:56  | 06:57:04          | <b>07:46:05.80</b> | <b>07:46:15.45</b>  | +02:18:02<br>(29.6%) | 11:39           | 5.1<br>(69.9%) |
| 51  | <b>ŚLESICKI Konstanty</b>    | <b>238</b> |                          | M2        | 29   | 01:08:23         | 02:13:29           | 03:21:13  | 04:35:33          | 05:18:44  | 07:02:02          | <b>07:47:39.15</b> | <b>07:47:54.70</b>  | +02:19:42<br>(29.9%) | 11:41           | 5.1<br>(69.9%) |
| 52  | <b>MUSZER Tomasz</b>         | <b>306</b> |                          | M2        | 30   | 01:09:11         | 02:12:14           | 03:17:34  | 04:32:52          | 05:16:18  | 07:01:35          | <b>07:48:31.90</b> | <b>07:48:42.05</b>  | +02:20:29<br>(30.0%) | 11:42           | 5.1<br>(69.9%) |
| 53  | <b>KALINOWSKA Paulina</b>    | <b>324</b> |                          | K2        | 6    | 01:08:00         | 02:14:58           | 03:24:32  | 04:38:56          | 05:30:09  | 07:05:52          | <b>07:48:40.40</b> | <b>07:48:50.60</b>  | +02:20:38<br>(30.0%) | 11:43           | 5.1<br>(69.9%) |
| 54  | <b>BAJAK Wojciech</b>        | <b>228</b> | EKSTRAKLASA.ORG          | M1        | 12   | 00:57:32         | 02:02:02           | 03:06:42  | 04:17:31          | 05:12:19  | 06:55:48          | <b>07:52:59.45</b> | <b>07:53:08.00</b>  | +02:24:55<br>(30.6%) | 11:49           | 5.1<br>(69.9%) |
| 55  | <b>SOKOŁOWSKI Marcin</b>     | <b>231</b> | KW OPOLE                 | M3        | 5    | 01:04:09         | 02:04:40           | 03:11:23  | 04:30:44          | 05:15:07  | 07:05:48          | <b>07:53:09.70</b> | <b>07:53:27.55</b>  | +02:25:14<br>(30.7%) | 11:49           | 5.1<br>(69.9%) |
| 56  | <b>JANISZ Katarzyna</b>      | <b>285</b> | ASICS FRONTRUNNER        | K2        | 7    | 01:02:30         | 02:04:23           | 03:10:09  | 04:29:00          | 05:18:39  | 07:05:00          | <b>07:54:14.65</b> | <b>07:54:22.75</b>  | +02:26:10<br>(30.8%) | 11:51           | 5.1<br>(69.9%) |
| 57  | <b>ŁĄK Tomasz</b>            | <b>234</b> | MARCINSWIERCTEAM         | M3        | 6    | 01:06:40         | 02:06:40           | 03:20:22  | 04:40:57          | 05:21:40  | 07:15:57          | <b>07:54:49.90</b> | <b>07:54:59.35</b>  | +02:26:46<br>(30.9%) | 11:52           | 5.1<br>(69.9%) |
| 58  | <b>SKROBAŃSKA Katarzyna</b>  | <b>292</b> | SKROBKITEAM              | K2        | 8    | 01:14:17         | 02:19:34           | 03:24:34  | 04:42:52          | 05:28:43  | 07:22:12          | <b>08:00:13.85</b> | <b>08:00:21.35</b>  | +02:32:08<br>(31.7%) | 12:00           | 5<br>(68.5%)   |
| 59  | <b>PAKULSKA-TOMZA Dorota</b> | <b>206</b> | SIŁA KOBIET              | K2        | 9    | 01:13:17         | 02:15:23           | 03:23:33  | 04:47:46          | 05:30:45  | 07:21:52          | <b>08:00:35.45</b> | <b>08:00:41.85</b>  | +02:32:29<br>(31.7%) | 12:00           | 5<br>(68.5%)   |
| 60  | <b>SŁAWIŃSKI Grzegorz</b>    | <b>310</b> | MKL MARATON ŚWINOUJŚCIE  | M2        | 31   | 04:14:54         |                    | 05:18:40  | 07:02:15          |           |                   | <b>08:03:50.80</b> | <b>08:03:54.75</b>  | +02:35:42<br>(32.2%) | 12:05           | 5<br>(68.5%)   |
| 61  | <b>WALOCH Daniel</b>         | <b>303</b> |                          | M2        | 32   | 01:03:36         | 02:04:04           | 03:09:57  | 04:24:49          | 05:16:45  | 07:16:32          | <b>08:04:10.50</b> | <b>08:04:23.30</b>  | +02:36:10<br>(32.2%) | 12:06           | 5<br>(68.5%)   |
| 62  | <b>SAMUL Mariusz</b>         | <b>282</b> | UGORY TEAM               | M2        | 33   | 01:04:04         | 02:11:04           | 03:15:08  | 04:28:01          | 05:21:30  | 07:09:20          | <b>08:05:03.20</b> | <b>08:05:18.20</b>  | +02:37:05<br>(32.4%) | 12:07           | 4.9<br>(67.1%) |
| 63  | <b>ULATOWSKI Andrzej</b>     | <b>276</b> | RUNONLINE.PL TEAM        | M3        | 7    | 01:09:08         | 02:13:02           | 03:14:37  | 04:24:28          | 05:16:58  | 07:08:18          | <b>08:05:19.75</b> | <b>08:05:36.35</b>  | +02:37:23<br>(32.4%) | 12:07           | 4.9<br>(67.1%) |
| 64  | <b>BIAŁOBRZEWSKA Daria</b>   | <b>304</b> |                          | K2        | 10   | 01:08:29         | 02:14:11           | 03:23:32  | 04:37:22          | 05:29:07  | 07:13:08          | <b>08:05:43.30</b> | <b>08:05:50.60</b>  | +02:37:38<br>(32.4%) | 12:08           | 4.9<br>(67.1%) |
| 65  | <b>DERKOWSKA Ewelina</b>     | <b>239</b> |                          | K1        | 3    | 01:08:21         | 02:10:43           | 03:15:05  | 04:32:09          | 05:21:49  | 07:15:51          | <b>08:11:14.10</b> | <b>08:11:20.50</b>  | +02:43:07<br>(33.2%) | 12:16           | 4.9<br>(67.1%) |
| 66  | <b>ROSOŁOWSKI Grzegorz</b>   | <b>248</b> | NADAKTYWNI               | M3        | 8    | 01:02:28         | 02:03:51           | 03:10:13  | 04:30:03          | 05:23:09  | 07:20:49          | <b>08:15:31.70</b> | <b>08:15:42.50</b>  | +02:47:29<br>(33.8%) | 12:23           | 4.8<br>(65.8%) |
| 67  | <b>RYMARZ Robert</b>         | <b>300</b> | BYCHAWA RUNNER'S         | M2        | 34   | 01:01:06         | 02:04:24           | 03:10:11  | 04:35:30          | 05:27:55  | 07:28:50          | <b>08:18:26.85</b> | <b>08:18:36.35</b>  | +02:50:23<br>(34.2%) | 12:27           | 4.8<br>(65.8%) |
| 68  | <b>KOT Tomasz</b>            | <b>237</b> |                          | M2        | 35   | 01:09:11         | 02:12:24           | 03:18:09  | 04:38:13          | 05:27:15  | 07:37:31          | <b>08:19:43.45</b> | <b>08:19:59.95</b>  | +02:51:47<br>(34.4%) | 12:29           | 4.8<br>(65.8%) |
| 69  | <b>WRZASK Grzegorz</b>       | <b>274</b> |                          | M2        | 36   | 01:08:32         | 02:12:25           | 03:19:07  | 04:43:36          | 05:35:18  | 07:35:55          | <b>08:20:18.60</b> | <b>08:20:33.25</b>  | +02:52:20<br>(34.4%) | 12:30           | 4.8<br>(65.8%) |
| 70  | <b>KOPYRA Tomasz</b>         | <b>287</b> | #BIEGAMWOLNOALEDOKŁADNIE | M2        | 37   | 01:11:57         | 02:25:18           | 03:34:46  | 04:52:08          | 05:45:55  | 07:31:02          | <b>08:24:12.30</b> | <b>08:24:24.65</b>  | +02:56:12<br>(34.9%) | 12:36           | 4.8<br>(65.8%) |

| Msc | Zawodnik             | Numer | Klub                                  | Kategoria | Mkat | Krowiarki        |                    |                 | Krowiarki         |                 |                   | Czas netto<br>40km | Czas brutto<br>40km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------|-------|---------------------------------------|-----------|------|------------------|--------------------|-----------------|-------------------|-----------------|-------------------|--------------------|---------------------|----------------------|-----------------|----------------|
|     |                      |       |                                       |           |      | Babia 1<br>4.5km | Raisztag<br>12.5km | 1<br>19km       | Babia 2<br>23.5km | 2<br>28km       | Babia 3<br>35.5km |                    |                     |                      |                 |                |
| 71  | ZHAO Xian            | 307   |                                       | K1        | 4    | 01:11:24         | 02:16:30           | 03:28:34        | 04:49:15          | 05:35:20        | 07:31:01          | <b>08:27:39.40</b> | <b>08:27:44.60</b>  | +02:59:32<br>(35.4%) | 12:41           | 4.7<br>(64.4%) |
| 72  | HOLLA Mateusz        | 232   |                                       | M1        | 13   | 01:09:03         | 02:10:49           | 03:17:52        | 04:35:41          | 05:24:29        | 07:32:39          | <b>08:27:39.40</b> | <b>08:27:58.20</b>  | +02:59:45<br>(35.4%) | 12:41           | 4.7<br>(64.4%) |
| 73  | CHOMICZ Andrzej      | 247   | NADAKTYWNI NOWE MIASTECZKO            | M2        | 38   | 01:01:44         | 02:04:25           | 03:11:24        | 04:41:24          | 05:37:02        | 07:30:59          | <b>08:31:42.50</b> | <b>08:31:53.70</b>  | +03:03:41<br>(35.9%) | 12:47           | 4.7<br>(64.4%) |
| 74  | BURZYŃSKA Ewelina    | 204   | SIŁA KOBIET                           | K2        | 11   | 01:08:38         | 02:24:08           | 03:37:26        | 04:50:00          | 05:43:08        | 07:30:11          | <b>08:35:35.40</b> | <b>08:35:42.40</b>  | +03:07:29<br>(36.4%) | 12:53           | 4.7<br>(64.4%) |
| 75  | STROCZYŃSKI Paweł    | 212   | TYSKIE SINICE                         | M2        | 39   | 01:05:18         | 02:16:57           | 03:22:08        | 04:35:44          | 05:33:08        | 07:27:37          | <b>08:38:01.05</b> | <b>08:38:13.45</b>  | +03:10:00<br>(36.7%) | 12:57           | 4.6<br>(63.0%) |
| 76  | BOGUSŁAWSKA Julia    | 220   |                                       | K3        | 1    | 01:12:04         | 02:15:03           | 03:26:11        | 04:49:08          | 05:35:25        | 07:47:05          | <b>08:40:55.00</b> | <b>08:41:04.20</b>  | +03:12:51<br>(37.0%) | 13:01           | 4.6<br>(63.0%) |
| 77  | KHMIALEUSKI Anatol   | 273   | ALTIUS                                | M2        | 40   | 01:08:38         | 02:12:07           | 03:17:49        | 04:40:20          | 05:39:49        | 07:41:12          | <b>08:41:00.25</b> | <b>08:41:14.25</b>  | +03:13:01<br>(37.0%) | 13:01           | 4.6<br>(63.0%) |
| 78  | BRZOZOWSKA Katarzyna | 317   |                                       | K2        | 12   | 01:14:31         | 02:33:41           | 03:48:42        | 05:09:54          | 05:57:05        | 07:50:24          | <b>08:42:03.80</b> | <b>08:42:12.95</b>  | +03:14:00<br>(37.2%) | 13:03           | 4.6<br>(63.0%) |
| 79  | DEREŃ Wojciech       | 327   | TREKKING TEAM OSTROWIEC ŚWIĘTOKRZYSKI | M3        | 9    | 01:11:14         | 02:17:37           | 03:31:18        | 04:59:17          | 05:50:18        | 07:49:59          | <b>08:50:38.95</b> | <b>08:50:46.45</b>  | +03:22:33<br>(38.2%) | 13:15           | 4.5<br>(61.6%) |
| 80  | MATRACKI Sebastian   | 326   |                                       | M2        | 41   | 01:10:27         | 02:17:16           | 03:31:06        | 04:53:51          | 05:41:42        | 07:50:42          | <b>08:50:38.45</b> | <b>08:50:46.70</b>  | +03:22:34<br>(38.2%) | 13:15           | 4.5<br>(61.6%) |
| 81  | KUŻEŁ Adrian         | 243   | NADAKTYWNI NOWE MIASTECZKO            | M2        | 42   | 01:14:53         | 02:17:46           | 03:31:00        | 04:59:21          | 05:51:58        | 08:09:02          | <b>09:03:34.45</b> | <b>09:03:46.75</b>  | +03:35:34<br>(39.6%) | 13:35           | 4.4<br>(60.3%) |
| 82  | NAPIERAŁA Katarzyna  | 205   |                                       | K2        | 13   | 01:21:24         | 02:43:13           | 03:59:05        | 05:19:53          | 06:14:49        | 08:15:55          | <b>09:10:35.65</b> | <b>09:10:42.15</b>  | +03:42:29<br>(40.4%) | 13:45           | 4.4<br>(60.3%) |
| 83  | CZACHOWSKI Michał    | 265   | ŻWAWĘ ŻÓŁWIE                          | M3        | 10   | 01:26:32         | 02:53:40           | 04:03:11        | 05:20:34          | 06:05:05        | 08:26:40          | <b>09:18:29.65</b> | <b>09:27:37.45</b>  | +03:59:24<br>(42.2%) | 13:57           | 4.3<br>(58.9%) |
| 84  | DYMOWSKI Piotr       | 251   |                                       | M2        | 43   | 01:14:27         | 02:22:03           | 03:37:13        | 05:05:34          | 06:04:10        | 08:17:55          | <b>09:31:28.65</b> | <b>09:31:43.50</b>  | +04:03:30<br>(42.6%) | 14:17           | 4.2<br>(57.5%) |
| 84  | GŁUSZCZYŃSKI Mateusz | 261   |                                       | M2        | 43   | 01:15:30         | 02:26:48           | 03:41:18        | 05:12:11          | 06:04:11        | 08:14:47          | <b>09:31:25.00</b> | <b>09:31:43.50</b>  | +04:03:30<br>(42.6%) | 14:17           | 4.2<br>(57.5%) |
| 86  | STANISŁAWEK Tomasz   | 218   | GITT DRUŻYNA                          | M2        | 45   | 01:08:19         | 02:16:44           | 03:36:41        | 05:17:14          | 06:10:54        | 08:34:42          | <b>09:41:20.05</b> | <b>09:41:33.25</b>  | +04:13:20<br>(43.6%) | 14:32           | 4.1<br>(56.2%) |
| 86  | MALICKA Małgorzata   | 253   | GITT DRUŻYNA                          | K3        | 2    | 01:18:15         | 02:33:27           | 03:48:40        | 05:18:54          | 06:10:54        | 08:34:37          | <b>09:41:20.85</b> | <b>09:41:33.25</b>  | +04:13:20<br>(43.6%) | 14:32           | 4.1<br>(56.2%) |
| 88  | ZASADA Iwona         | 219   | GITT DRUŻYNA                          | K2        | 14   | 01:18:08         | 02:33:25           | 03:48:37        | 05:18:50          | 06:10:48        | 08:34:40          | <b>09:41:20.20</b> | <b>09:41:33.30</b>  | +04:13:20<br>(43.6%) | 14:32           | 4.1<br>(56.2%) |
| 89  | SZEWCZYK Radosław    | 272   |                                       | M3        | 11   | 01:20:09         | 02:37:45           | 03:59:24        | 05:21:41          | 06:22:11        | 08:41:09          | <b>09:47:46.25</b> | <b>09:48:01.05</b>  | +04:19:48<br>(44.2%) | 14:41           | 4.1<br>(56.2%) |
| 90  | SUCHOCKI Grzegorz    | 249   | NADAKTYWNI NOWE MIASTECZKO            | M3        | 12   | 01:20:25         | 02:36:03           | 03:58:09        | 05:23:47          | 06:20:29        | 08:39:44          | <b>09:48:08.45</b> | <b>09:48:18.50</b>  | +04:20:05<br>(44.2%) | 14:42           | 4.1<br>(56.2%) |
| 91  | SŁAWOMIR Chyliński   | 244   | NADAKTYWNI NOWE MIASTECZKO            | M3        | 13   | 01:20:28         | 02:36:01           | 03:58:07        | 05:24:00          | 06:20:30        | 08:39:48          | <b>09:48:07.60</b> | <b>09:48:18.80</b>  | +04:20:06<br>(44.2%) | 14:42           | 4.1<br>(56.2%) |
|     | GACEK Grzegorz       | 242   | SKL SUCHA BESKIDZKA                   | M3        |      | 01:08:20<br>DNF  | 02:11:14<br>DNF    | 03:26:22<br>DNF | DNF               | 04:47:17<br>DNF | DNF               | <b>DNF</b>         | <b>DNF</b>          | -                    | -               | -<br>(0.0%)    |
|     | CALDEIRA Fátima      | 311   |                                       | K3        |      | 01:12:59<br>DNF  | 02:13:41<br>DNF    | 03:17:38<br>DNF | 04:45:37<br>DNF   | 05:39:28<br>DNF | DNF               | <b>DNF</b>         | <b>DNF</b>          | -                    | -               | -<br>(0.0%)    |
|     | MAZAN Przemysław     | 254   |                                       | M2        |      | 01:12:16<br>DNF  | 02:18:55<br>DNF    | 03:29:10<br>DNF | 04:50:53<br>DNF   | 05:50:12<br>DNF | DNF               | <b>DNF</b>         | <b>DNF</b>          | -                    | -               | -<br>(0.0%)    |
|     | SZYDLIK Karol        | 278   |                                       | M1        |      | 01:09:22<br>DNF  | 02:37:03<br>DNF    | 03:58:19<br>DNF | DNF               | 06:08:02<br>DNF | DNF               | <b>DNF</b>         | <b>DNF</b>          | -                    | -               | -<br>(0.0%)    |
|     | HANGIEL Urszula      | 264   | ŻWAWĘ ŻÓŁWIE                          | K2        |      | 01:26:41<br>DNF  | 02:46:14<br>DNF    | 04:11:28<br>DNF | 05:38:38<br>DNF   | 06:27:22<br>DNF | DNF               | <b>DNF</b>         | <b>DNF</b>          | -                    | -               | -<br>(0.0%)    |

| Msc | Zawodnik                 | Numer      | Klub             | Kategoria | Mkat | Krowiarki        |                    |                 | Krowiarki         |                 |                   | Czas netto<br>40km | Czas brutto<br>40km | Różn | Tempo<br>min/km | Tempo<br>km/h |
|-----|--------------------------|------------|------------------|-----------|------|------------------|--------------------|-----------------|-------------------|-----------------|-------------------|--------------------|---------------------|------|-----------------|---------------|
|     |                          |            |                  |           |      | Babia 1<br>4.5km | Raisztag<br>12.5km | 1<br>19km       | Babia 2<br>23.5km | 2<br>28km       | Babia 3<br>35.5km |                    |                     |      |                 |               |
|     | <b>KULIGA Ewa</b>        | <b>213</b> | EASYRUN RACIBÓRZ | K2        |      | 01:21:56<br>DNF  | 02:56:04<br>DNF    | 04:18:52<br>DNF | 05:44:52<br>DNF   | 06:34:38<br>DNF | DNF               | <b>DNF</b>         | <b>DNF</b>          | -    | -               | (0.0%)        |
|     | <b>KULIGA Marek</b>      | <b>223</b> | EASYRUN RACIBÓRZ | M2        |      | 01:21:35<br>DNF  | 02:56:04<br>DNF    | 04:21:28<br>DNF | 05:44:18<br>DNF   | 06:34:40<br>DNF | DNF               | <b>DNF</b>         | <b>DNF</b>          | -    | -               | (0.0%)        |
|     | <b>LAMENTA Andrzej</b>   | <b>229</b> |                  | M2        |      | 01:12:01<br>DNF  | 02:18:22<br>DNF    | 03:40:04<br>DNF | 05:27:17<br>DNF   | 06:40:58<br>DNF | DNF               | <b>DNF</b>         | <b>DNF</b>          | -    | -               | (0.0%)        |
|     | <b>RYNDAK Mariusz</b>    | <b>233</b> |                  | M3        |      | 01:17:44<br>DNF  | 02:28:13<br>DNF    | 03:38:50<br>DNF | 05:15:40<br>DNF   | DNF             | DNF               | <b>DNF</b>         | <b>DNF</b>          | -    | -               | (0.0%)        |
|     | <b>LEŚNICZAK Barbara</b> | <b>227</b> |                  | K2        |      | 01:18:40<br>DNF  | 03:04:59<br>DNF    | 04:20:49<br>DNF | 05:49:29<br>DNF   | DNF             | DNF               | <b>DNF</b>         | <b>DNF</b>          | -    | -               | (0.0%)        |
|     | <b>KALIŃSKA Dorota</b>   | <b>284</b> | NIEMANIE         | K2        |      | 01:18:52<br>DNF  | 02:38:19<br>DNF    | 04:02:50<br>DNF | 06:09:45<br>DNF   | DNF             | DNF               | <b>DNF</b>         | <b>DNF</b>          | -    | -               | (0.0%)        |
|     | <b>ŻAK Oliwia</b>        | <b>318</b> |                  | K2        |      | 01:14:45<br>DNF  | 02:33:43<br>DNF    | 03:57:06<br>DNF | DNF               | DNF             | DNF               | <b>DNF</b>         | <b>DNF</b>          | -    | -               | (0.0%)        |
|     | <b>AUGUSTYNSKI Filip</b> | <b>250</b> |                  | M1        |      | 01:18:04<br>DNF  | 02:40:23<br>DNF    | 04:08:56<br>DNF | DNF               | DNF             | DNF               | <b>DNF</b>         | <b>DNF</b>          | -    | -               | (0.0%)        |
|     | <b>KALITOWSKI Maciej</b> | <b>230</b> |                  | M2        |      | 01:25:14<br>DNF  | 03:05:43<br>DNF    | DNF             | DNF               | DNF             | DNF               | <b>DNF</b>         | <b>DNF</b>          | -    | -               | (0.0%)        |
|     | <b>ŻABSKI Jacek</b>      | <b>214</b> |                  | M3        |      | 01:09:27<br>DNF  | DNF                | DNF             | DNF               | DNF             | DNF               | <b>DNF</b>         | <b>DNF</b>          | -    | -               | (0.0%)        |

Znaleziono 106 wynik(ów)