



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

**ULTRAMARATON BABIA GÓRA**  
KOZICA Fundacja Biegów Górskich  
2024-06-08  
Babia Góra  
39 km

## 3X BABIA GÓRA MARATON

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: [Wszyscy](#)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krowiarki			Krowiarki			Czas netto 40km	Czas brutto 40km	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Raiszttag 12.5km	1 19km	Babia 2 23.5km	2 28km	Babia 3 35.5km					
1	KUCEK Wojciech	289		M1	1	00:50:27	01:33:46	02:16:32	03:08:22	03:40:24	04:55:27	<b>05:28:07.60</b>	<b>05:28:12.60</b>		8:12	7.3 (100%)
2	KOPCEWICZ Tomasz	201		M2	1	00:50:14	01:34:41	02:23:32	03:20:52	03:49:34	05:10:15	<b>05:36:35.85</b>	<b>05:36:38.75</b>	+00:08:26 (2.5%)	8:24	7.1 (97.3%)
3	HERCHEL Arkadiusz	322		M2	2	00:56:16	01:41:23	02:28:04	03:28:44	03:58:30	05:17:26	<b>05:43:40.60</b>	<b>05:43:48.60</b>	+00:15:36 (4.5%)	8:35	7 (95.9%)
4	KUCHTA Maria	313	STAJNIAK TEAM	K1	1	00:51:57	01:36:16	02:22:54	03:21:07	03:51:56	05:13:03	<b>05:44:14.45</b>	<b>05:44:17.35</b>	+00:16:04 (4.7%)	8:36	7 (95.9%)
5	BEDNARCZYK Gerard	260		M2	3	00:56:15	01:41:42	02:33:43	03:31:37	04:02:20	05:24:38	<b>05:54:34.15</b>	<b>05:54:38.85</b>	+00:26:26 (7.5%)	8:51	6.8 (93.2%)
6	KORCZ Daniel	293	TERVEL BIEGACZ GÓRSKI / BESTTEXT.PL	M2	4	00:56:16	01:46:06	02:33:53	03:35:06	04:09:25	05:32:11	<b>06:06:48.55</b>	<b>06:06:52.65</b>	+00:38:40 (10.5%)	9:10	6.5 (89.0%)
7	SZCZYPEK Wojciech	309	AKTYWNA PSZCZYNA RUNNERS TEAM	M1	2	00:59:04	01:49:30	02:40:49	03:46:44	04:18:33	05:43:24	<b>06:16:04.50</b>	<b>06:16:08.15</b>	+00:47:55 (12.7%)	9:24	6.4 (87.7%)
8	NAJZER Szymon	290	OMTC RUNNING TEAM	M1	3	00:56:42	01:48:06	02:46:42	03:45:36	04:22:45	05:48:32	<b>06:18:51.25</b>	<b>06:18:55.05</b>	+00:50:42 (13.4%)	9:28	6.3 (86.3%)
9	NIESZPOREK Adam	225		M2	5	01:00:01	01:46:01	02:35:36	03:36:47	04:11:03	05:47:57	<b>06:22:31.75</b>	<b>06:22:43.15</b>	+00:54:30 (14.2%)	9:33	6.3 (86.3%)
10	ZAKOWICZ Paweł	255		M2	6	00:50:31	01:43:07	02:41:48	03:42:16	04:18:55	05:47:13	<b>06:24:05.60</b>	<b>06:24:10.05</b>	+00:55:57 (14.6%)	9:36	6.2 (84.9%)
11	SMACZNY Bartłomiej	263		M2	7	00:59:59	01:47:55	02:42:16	03:50:18	04:23:03	05:55:39	<b>06:28:23.90</b>	<b>06:28:35.70</b>	+01:00:23 (15.5%)	9:42	6.2 (84.9%)
12	SZCZYRBOWSKI Michał	257	TURBOKILLA	M2	8	00:55:54	01:52:02	02:44:53	03:43:28	04:22:12	05:47:29	<b>06:28:27.15</b>	<b>06:28:36.00</b>	+01:00:23 (15.5%)	9:42	6.2 (84.9%)
13	BROJA Rafał	222		M2	9	00:56:32	01:47:52	02:42:48	03:45:26	04:20:03	05:49:32	<b>06:30:41.15</b>	<b>06:30:48.55</b>	+01:02:35 (16.0%)	9:46	6.1 (83.6%)
14	BROJA Adrian	280		M2	10	00:56:34	01:47:51	02:42:47	03:45:46	04:20:38	05:55:00	<b>06:30:40.60</b>	<b>06:30:49.20</b>	+01:02:36 (16.0%)	9:46	6.1 (83.6%)
15	BEDNARZ Sebastian	211	OTM.B	M3	1	00:57:20	01:47:11	02:42:48	03:49:30	04:24:36	05:56:12	<b>06:30:56.40</b>	<b>06:31:01.85</b>	+01:02:49 (16.1%)	9:46	6.1 (83.6%)
16	BUJOCZEK Leszek	281	AZS AWF KRAKÓW MASTERS	M2	11	00:57:58	01:52:00	02:43:43	03:43:45	04:22:01	05:56:50	<b>06:31:49.70</b>	<b>06:32:03.75</b>	+01:03:51 (16.3%)	9:47	6.1 (83.6%)
17	TWORZYDŁO Piotr	208		M3	2	00:54:28	01:44:50	02:37:12	03:45:44	04:26:47	05:57:28	<b>06:35:43.65</b>	<b>06:35:47.65</b>	+01:07:35 (17.1%)	9:53	6.1 (83.6%)
18	CZERWONKA Bartosz	269		M1	4	01:00:03	01:53:16	02:49:22	03:54:17	04:29:24	05:59:45	<b>06:35:59.90</b>	<b>06:36:05.40</b>	+01:07:52 (17.1%)	9:53	6.1 (83.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krowiarki			Krowiarki			Czas netto 40km	Czas brutto 40km	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Raisztag 12.5km	1 19km	Babia 2 23.5km	2 28km	Babia 3 35.5km					
19	DYREK Mateusz	203		M2	12	00:56:47	01:45:56	02:41:14	03:52:08	04:29:28	06:07:57	<b>06:39:14.65</b>	<b>06:39:18.15</b>	+01:11:05 (17.8%)	9:58	6 (82.2%)
20	RYCZEK Sebastian	297	ZABIERZÓW BIEGA	M1	5	01:00:56	01:52:40	02:48:00	03:56:31	04:33:40	06:09:23	<b>06:39:43.00</b>	<b>06:39:56.55</b>	+01:11:43 (17.9%)	9:59	6 (82.2%)
21	GRABIAS Aleksandra	252		K2	1	01:03:59	02:03:17	03:00:28	04:06:20	04:44:20	06:07:53	<b>06:41:16.35</b>	<b>06:41:20.95</b>	+01:13:08 (18.2%)	10:01	6 (82.2%)
22	PIKUSA Joanna	315		K1	2	01:00:55	01:58:25	02:52:59	03:58:06	04:37:23	06:07:16	<b>06:42:21.05</b>	<b>06:42:28.95</b>	+01:14:16 (18.5%)	10:03	6 (82.2%)
23	BROLL Romuald	312		M2	13	00:58:19	01:52:40	02:48:41	03:53:48	04:33:37	06:07:05	<b>06:45:10.00</b>	<b>06:45:15.75</b>	+01:17:03 (19.0%)	10:07	5.9 (80.8%)
24	BUDREWICZ Katarzyna	236	BUDRYSY	K2	2	00:58:51	01:49:19	02:47:31	03:58:01	04:32:40	06:16:01	<b>06:49:16.40</b>	<b>06:49:25.30</b>	+01:21:12 (19.8%)	10:13	5.9 (80.8%)
25	JANKOWSKI Dawid	279		M2	14	00:56:31	01:49:20	02:45:02	03:48:29	04:29:29	06:09:25	<b>06:54:56.85</b>	<b>06:55:13.05</b>	+01:27:00 (21.0%)	10:22	5.8 (79.5%)
26	WĄSOWICZ Paweł	216	FIZJOTERAPIA WĄSOWICZ	M1	6	01:02:41	01:57:38	02:57:19	04:08:24	04:42:53	06:20:21	<b>06:56:21.65</b>	<b>06:56:38.65</b>	+01:28:26 (21.2%)	10:24	5.8 (79.5%)
27	BRZUSKA Lesław	210		M2	15	00:59:53	01:48:42	02:47:53	03:57:06	04:36:54	06:14:54	<b>06:57:50.60</b>	<b>06:58:01.35</b>	+01:29:48 (21.5%)	10:26	5.7 (78.1%)
28	KRASZEWSKI Wojciech	268		M1	7	00:55:47	01:49:40	02:50:01	03:55:01	04:37:36	06:14:59	<b>07:04:32.10</b>	<b>07:04:45.95</b>	+01:36:33 (22.7%)	10:36	5.7 (78.1%)
29	KALETA Leszek	270		M2	16	00:59:10	01:52:15	02:49:23	03:57:15	04:34:26	06:19:54	<b>07:06:40.70</b>	<b>07:06:46.05</b>	+01:38:33 (23.1%)	10:40	5.6 (76.7%)
30	ZAJĄC Rafał	246	NADAKTYWNI NOWE MIASTECZKO	M2	17	01:01:42	01:53:27	02:51:39	04:02:47	04:47:00	06:27:23	<b>07:06:44.75</b>	<b>07:06:56.70</b>	+01:38:44 (23.1%)	10:40	5.6 (76.7%)
31	KASIARZ Marek	267	SKL SUCHA BESKIDZKA MASTERS, KS KANDAHAR	M3	3	01:06:18	02:02:45	03:00:18	04:07:49	04:47:30	06:25:53	<b>07:08:13.75</b>	<b>07:08:24.60</b>	+01:40:12 (23.4%)	10:42	5.6 (76.7%)
32	VAŠICA Martin	266	ŠEDÍ VLČI	M2	18	00:56:23	01:52:14	02:48:04	04:01:13	04:42:40	06:28:27	<b>07:08:50.00</b>	<b>07:09:03.10</b>	+01:40:50 (23.5%)	10:43	5.6 (76.7%)
33	BŁAŻEJOWSKI Jakub	314		M1	8	01:04:12	02:02:31	03:02:43	04:13:02	04:52:15	06:31:58	<b>07:09:48.05</b>	<b>07:09:56.45</b>	+01:41:43 (23.7%)	10:44	5.6 (76.7%)
34	FRANICA Tomasz	305		M2	19	01:09:32	02:07:13	03:09:07	04:15:33	04:52:40	06:32:31	<b>07:11:14.10</b>	<b>07:11:27.90</b>	+01:43:15 (23.9%)	10:46	5.6 (76.7%)
35	JANKOWSKI Krzysztof	275		M1	9	01:04:17	02:02:28	03:00:16	04:06:59	04:46:02	06:26:17	<b>07:11:50.25</b>	<b>07:12:01.85</b>	+01:43:49 (24.0%)	10:47	5.6 (76.7%)
36	MROCZEK Andrzej	296	MEDYCY W BIEGU	M2	20	00:58:53	01:53:25	02:49:32	04:05:07	04:52:41	06:32:47	<b>07:14:27.90</b>	<b>07:14:38.15</b>	+01:46:25 (24.5%)	10:51	5.5 (75.3%)
37	STERNAL Grzegorz	215		M2	21	01:02:37	01:57:41	02:57:19	04:08:29	04:47:34	06:39:46	<b>07:15:48.05</b>	<b>07:16:03.95</b>	+01:47:51 (24.7%)	10:53	5.5 (75.3%)
38	BŁĘDOWSKI Mariusz	226	ULTRA WAY TEAM / COYOTE TEAM	M2	22	01:03:00	02:00:30	03:06:19	04:18:15	04:59:54	06:37:34	<b>07:17:21.35</b>	<b>07:17:30.35</b>	+01:49:17 (25.0%)	10:56	5.5 (75.3%)
39	KULAWIK Bartek	316		M2	23	01:00:50	01:53:22	02:53:48	04:08:30	04:51:24	06:35:17	<b>07:18:39.00</b>	<b>07:18:49.05</b>	+01:50:36 (25.2%)	10:57	5.5 (75.3%)
40	GRABOWY Mateusz	245	MATNER RUNNING TEAM/ NADAKTYWNI	M1	10	01:01:39	02:02:32	03:08:19	04:16:19	04:59:44	06:34:49	<b>07:21:36.40</b>	<b>07:21:47.35</b>	+01:53:34 (25.7%)	11:02	5.4 (74.0%)
41	PŁOSKONKA Jakub	286	TRAIL IS OUR WAY	M1	11	00:56:27	01:42:53	02:29:24	03:27:29	03:57:39	06:14:46	<b>07:27:58.15</b>	<b>07:28:01.50</b>	+01:59:48 (26.7%)	11:11	5.4 (74.0%)
42	CICHOWSKI Krzysztof	207		M2	24	01:00:51	01:53:05	02:48:05	04:11:06	04:59:23	06:39:40	<b>07:28:07.50</b>	<b>07:28:22.60</b>	+02:00:10 (26.8%)	11:12	5.4 (74.0%)
43	ROLIK Anna	241		K2	3	01:04:24	02:06:37	03:11:25	04:25:08	05:11:23	06:46:04	<b>07:31:14.70</b>	<b>07:31:22.15</b>	+02:03:09 (27.3%)	11:16	5.3 (72.6%)
44	NOWAK Michał	288	BANICI ULTRA	M2	25	01:03:41	02:04:13	03:08:04	04:18:07	05:03:41	06:55:04	<b>07:35:14.35</b>	<b>07:35:21.55</b>	+02:07:08 (27.9%)	11:22	5.3 (72.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krowiarki			Krowiarki			Czas netto 40km	Czas brutto 40km	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Raisztag 12.5km	1 19km	Babia 2 23.5km	2 28km	Babia 3 35.5km					
45	<b>WŁOCH Sławomir</b>	<b>209</b>		M3	4	01:03:41	01:59:16	02:55:31	04:18:35	05:01:50	06:53:42	<b>07:37:16.50</b>	<b>07:37:21.45</b>	+02:09:08 (28.2%)	11:25	5.2 (71.2%)
46	<b>PORSZKE Andrzej</b>	<b>308</b>	LEON LATA	M2	26	01:02:00	01:58:07	02:58:13	04:18:11	05:05:05	06:58:50	<b>07:37:34.50</b>	<b>07:37:40.80</b>	+02:09:28 (28.3%)	11:26	5.2 (71.2%)
47	<b>KASPERKIEWICZ Maja</b>	<b>277</b>		K2	4	01:08:00	02:11:19	03:19:07	04:35:29	05:18:42	07:00:06	<b>07:39:10.80</b>	<b>07:39:23.80</b>	+02:11:11 (28.6%)	11:28	5.2 (71.2%)
48	<b>RUSIN Anna</b>	<b>299</b>	KOZICE GÓRSKIE	K2	5	01:06:47	02:06:23	03:13:18	04:32:15	05:15:21	06:59:05	<b>07:39:08.05</b>	<b>07:39:23.95</b>	+02:11:11 (28.6%)	11:28	5.2 (71.2%)
49	<b>TRZCINSKI Maciej</b>	<b>298</b>	FNS	M2	27	01:09:12	02:12:49	03:17:59	04:35:11	05:18:26	07:01:26	<b>07:42:54.15</b>	<b>07:43:00.85</b>	+02:14:48 (29.1%)	11:34	5.2 (71.2%)
50	<b>ADAMSKI Tomasz</b>	<b>217</b>	GITT DRUŻYNA	M2	28	00:58:29	01:54:56	02:59:10	04:19:33	05:05:56	06:57:04	<b>07:46:05.80</b>	<b>07:46:15.45</b>	+02:18:02 (29.6%)	11:39	5.1 (69.9%)
51	<b>ŚLESICKI Konstanty</b>	<b>238</b>		M2	29	01:08:23	02:13:29	03:21:13	04:35:33	05:18:44	07:02:02	<b>07:47:39.15</b>	<b>07:47:54.70</b>	+02:19:42 (29.9%)	11:41	5.1 (69.9%)
52	<b>MUSZER Tomasz</b>	<b>306</b>		M2	30	01:09:11	02:12:14	03:17:34	04:32:52	05:16:18	07:01:35	<b>07:48:31.90</b>	<b>07:48:42.05</b>	+02:20:29 (30.0%)	11:42	5.1 (69.9%)
53	<b>KALINOWSKA Paulina</b>	<b>324</b>		K2	6	01:08:00	02:14:58	03:24:32	04:38:56	05:30:09	07:05:52	<b>07:48:40.40</b>	<b>07:48:50.60</b>	+02:20:38 (30.0%)	11:43	5.1 (69.9%)
54	<b>BAJAK Wojciech</b>	<b>228</b>	EKSTRAKLASA.ORG	M1	12	00:57:32	02:02:02	03:06:42	04:17:31	05:12:19	06:55:48	<b>07:52:59.45</b>	<b>07:53:08.00</b>	+02:24:55 (30.6%)	11:49	5.1 (69.9%)
55	<b>SOKOŁOWSKI Marcin</b>	<b>231</b>	KW OPOLE	M3	5	01:04:09	02:04:40	03:11:23	04:30:44	05:15:07	07:05:48	<b>07:53:09.70</b>	<b>07:53:27.55</b>	+02:25:14 (30.7%)	11:49	5.1 (69.9%)
56	<b>JANISZ Katarzyna</b>	<b>285</b>	ASICS FRONTRUNNER	K2	7	01:02:30	02:04:23	03:10:09	04:29:00	05:18:39	07:05:00	<b>07:54:14.65</b>	<b>07:54:22.75</b>	+02:26:10 (30.8%)	11:51	5.1 (69.9%)
57	<b>ŁĄK Tomasz</b>	<b>234</b>	MARCINSWIERCTEAM	M3	6	01:06:40	02:06:40	03:20:22	04:40:57	05:21:40	07:15:57	<b>07:54:49.90</b>	<b>07:54:59.35</b>	+02:26:46 (30.9%)	11:52	5.1 (69.9%)
58	<b>SKROBAŃSKA Katarzyna</b>	<b>292</b>	SKROBKITEAM	K2	8	01:14:17	02:19:34	03:24:34	04:42:52	05:28:43	07:22:12	<b>08:00:13.85</b>	<b>08:00:21.35</b>	+02:32:08 (31.7%)	12:00	5 (68.5%)
59	<b>PAKULSKA-TOMZA Dorota</b>	<b>206</b>	SIŁA KOBIET	K2	9	01:13:17	02:15:23	03:23:33	04:47:46	05:30:45	07:21:52	<b>08:00:35.45</b>	<b>08:00:41.85</b>	+02:32:29 (31.7%)	12:00	5 (68.5%)
60	<b>SŁAWIŃSKI Grzegorz</b>	<b>310</b>	MKL MARATON ŚWINOUJŚCIE	M2	31	04:14:54		05:18:40	07:02:15			<b>08:03:50.80</b>	<b>08:03:54.75</b>	+02:35:42 (32.2%)	12:05	5 (68.5%)
61	<b>WALOCH Daniel</b>	<b>303</b>		M2	32	01:03:36	02:04:04	03:09:57	04:24:49	05:16:45	07:16:32	<b>08:04:10.50</b>	<b>08:04:23.30</b>	+02:36:10 (32.2%)	12:06	5 (68.5%)
62	<b>SAMUL Mariusz</b>	<b>282</b>	UGORY TEAM	M2	33	01:04:04	02:11:04	03:15:08	04:28:01	05:21:30	07:09:20	<b>08:05:03.20</b>	<b>08:05:18.20</b>	+02:37:05 (32.4%)	12:07	4.9 (67.1%)
63	<b>ULATOWSKI Andrzej</b>	<b>276</b>	RUNONLINE.PL TEAM	M3	7	01:09:08	02:13:02	03:14:37	04:24:28	05:16:58	07:08:18	<b>08:05:19.75</b>	<b>08:05:36.35</b>	+02:37:23 (32.4%)	12:07	4.9 (67.1%)
64	<b>BIAŁOBRZEWSKA Daria</b>	<b>304</b>		K2	10	01:08:29	02:14:11	03:23:32	04:37:22	05:29:07	07:13:08	<b>08:05:43.30</b>	<b>08:05:50.60</b>	+02:37:38 (32.4%)	12:08	4.9 (67.1%)
65	<b>DERKOWSKA Ewelina</b>	<b>239</b>		K1	3	01:08:21	02:10:43	03:15:05	04:32:09	05:21:49	07:15:51	<b>08:11:14.10</b>	<b>08:11:20.50</b>	+02:43:07 (33.2%)	12:16	4.9 (67.1%)
66	<b>ROSOŁOWSKI Grzegorz</b>	<b>248</b>	NADAKTYWNI	M3	8	01:02:28	02:03:51	03:10:13	04:30:03	05:23:09	07:20:49	<b>08:15:31.70</b>	<b>08:15:42.50</b>	+02:47:29 (33.8%)	12:23	4.8 (65.8%)
67	<b>RYMARZ Robert</b>	<b>300</b>	BYCHAWA RUNNER'S	M2	34	01:01:06	02:04:24	03:10:11	04:35:30	05:27:55	07:28:50	<b>08:18:26.85</b>	<b>08:18:36.35</b>	+02:50:23 (34.2%)	12:27	4.8 (65.8%)
68	<b>KOT Tomasz</b>	<b>237</b>		M2	35	01:09:11	02:12:24	03:18:09	04:38:13	05:27:15	07:37:31	<b>08:19:43.45</b>	<b>08:19:59.95</b>	+02:51:47 (34.4%)	12:29	4.8 (65.8%)
69	<b>WRZASK Grzegorz</b>	<b>274</b>		M2	36	01:08:32	02:12:25	03:19:07	04:43:36	05:35:18	07:35:55	<b>08:20:18.60</b>	<b>08:20:33.25</b>	+02:52:20 (34.4%)	12:30	4.8 (65.8%)
70	<b>KOPYRA Tomasz</b>	<b>287</b>	#BIEGAMWOLNOALEDOKŁADNIE	M2	37	01:11:57	02:25:18	03:34:46	04:52:08	05:45:55	07:31:02	<b>08:24:12.30</b>	<b>08:24:24.65</b>	+02:56:12 (34.9%)	12:36	4.8 (65.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krowiarki			Krowiarki			Czas netto 40km	Czas brutto 40km	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Raisztag 12.5km	1 19km	Babia 2 23.5km	2 28km	Babia 3 35.5km					
71	ZHAO Xian	307		K1	4	01:11:24	02:16:30	03:28:34	04:49:15	05:35:20	07:31:01	<b>08:27:39.40</b>	<b>08:27:44.60</b>	+02:59:32 (35.4%)	12:41	4.7 (64.4%)
72	HOLLA Mateusz	232		M1	13	01:09:03	02:10:49	03:17:52	04:35:41	05:24:29	07:32:39	<b>08:27:39.40</b>	<b>08:27:58.20</b>	+02:59:45 (35.4%)	12:41	4.7 (64.4%)
73	CHOMICZ Andrzej	247	NADAKTYWNI NOWE MIASTECZKO	M2	38	01:01:44	02:04:25	03:11:24	04:41:24	05:37:02	07:30:59	<b>08:31:42.50</b>	<b>08:31:53.70</b>	+03:03:41 (35.9%)	12:47	4.7 (64.4%)
74	BURZYŃSKA Ewelina	204	SIŁA KOBIET	K2	11	01:08:38	02:24:08	03:37:26	04:50:00	05:43:08	07:30:11	<b>08:35:35.40</b>	<b>08:35:42.40</b>	+03:07:29 (36.4%)	12:53	4.7 (64.4%)
75	STROCZYŃSKI Paweł	212	TYSKIE SINICE	M2	39	01:05:18	02:16:57	03:22:08	04:35:44	05:33:08	07:27:37	<b>08:38:01.05</b>	<b>08:38:13.45</b>	+03:10:00 (36.7%)	12:57	4.6 (63.0%)
76	BOGUSŁAWSKA Julia	220		K3	1	01:12:04	02:15:03	03:26:11	04:49:08	05:35:25	07:47:05	<b>08:40:55.00</b>	<b>08:41:04.20</b>	+03:12:51 (37.0%)	13:01	4.6 (63.0%)
77	KHMIALEUSKI Anatol	273	ALTIUS	M2	40	04:40:20		05:39:49	07:41:12			<b>08:41:00.25</b>	<b>08:41:14.25</b>	+03:13:01 (37.0%)	13:01	4.6 (63.0%)
78	BRZOZOWSKA Katarzyna	317		K2	12	01:14:31	02:33:41	03:48:42	05:09:54	05:57:05	07:50:24	<b>08:42:03.80</b>	<b>08:42:12.95</b>	+03:14:00 (37.2%)	13:03	4.6 (63.0%)
79	DEREŃ Wojciech	327	TREKKING TEAM OSTROWIEC ŚWIĘTOKRZYSKI	M3	9	01:11:14	02:17:37	03:31:18	04:59:17	05:50:18	07:49:59	<b>08:50:38.95</b>	<b>08:50:46.45</b>	+03:22:33 (38.2%)	13:15	4.5 (61.6%)
80	MATRACKI Sebastian	326		M2	41	01:10:27	02:17:16	03:31:06	04:53:51	05:41:42	07:50:42	<b>08:50:38.45</b>	<b>08:50:46.70</b>	+03:22:34 (38.2%)	13:15	4.5 (61.6%)
81	KUŻEŁ Adrian	243	NADAKTYWNI NOWE MIASTECZKO	M2	42	01:14:53	02:17:46	03:31:00	04:59:21	05:51:58	08:09:02	<b>09:03:34.45</b>	<b>09:03:46.75</b>	+03:35:34 (39.6%)	13:35	4.4 (60.3%)
82	NAPIERAŁA Katarzyna	205		K2	13	01:21:24	02:43:13	03:59:05	05:19:53	06:14:49	08:15:55	<b>09:10:35.65</b>	<b>09:10:42.15</b>	+03:42:29 (40.4%)	13:45	4.4 (60.3%)
83	CZACHOWSKI Michał	265	ŻWAWĘ ŻÓŁWIE	M3	10	01:26:32	02:53:40	04:03:11	05:20:34	06:05:05	08:26:40	<b>09:18:29.65</b>	<b>09:27:37.45</b>	+03:59:24 (42.2%)	13:57	4.3 (58.9%)
84	DYMOWSKI Piotr	251		M2	43	01:14:27	02:22:03	03:37:13	05:05:34	06:04:10	08:17:55	<b>09:31:28.65</b>	<b>09:31:43.50</b>	+04:03:30 (42.6%)	14:17	4.2 (57.5%)
84	GŁUSZCZYŃSKI Mateusz	261		M2	43	01:15:30	02:26:48	03:41:18	05:12:11	06:04:11	08:14:47	<b>09:31:25.00</b>	<b>09:31:43.50</b>	+04:03:30 (42.6%)	14:17	4.2 (57.5%)
86	STANISŁAWEK Tomasz	218	GITT DRUŻYNA	M2	45	01:08:19	02:16:44	03:36:41	05:17:14	06:10:54	08:34:42	<b>09:41:20.05</b>	<b>09:41:33.25</b>	+04:13:20 (43.6%)	14:32	4.1 (56.2%)
86	MALICKA Małgorzata	253	GITT DRUŻYNA	K3	2	01:18:15	02:33:27	03:48:40	05:18:54	06:10:54	08:34:37	<b>09:41:20.85</b>	<b>09:41:33.25</b>	+04:13:20 (43.6%)	14:32	4.1 (56.2%)
88	ZASADA Iwona	219	GITT DRUŻYNA	K2	14	01:18:08	02:33:25	03:48:37	05:18:50	06:10:48	08:34:40	<b>09:41:20.20</b>	<b>09:41:33.30</b>	+04:13:20 (43.6%)	14:32	4.1 (56.2%)
89	SZEWCZYK Radosław	272		M3	11	01:20:09	02:37:45	03:59:24	05:21:41	06:22:11	08:41:09	<b>09:47:46.25</b>	<b>09:48:01.05</b>	+04:19:48 (44.2%)	14:41	4.1 (56.2%)
90	SUCHOCKI Grzegorz	249	NADAKTYWNI NOWE MIASTECZKO	M3	12	01:20:25	02:36:03	03:58:09	05:23:47	06:20:29	08:39:44	<b>09:48:08.45</b>	<b>09:48:18.50</b>	+04:20:05 (44.2%)	14:42	4.1 (56.2%)
91	SŁAWOMIR Chyliński	244	NADAKTYWNI NOWE MIASTECZKO	M3	13	01:20:28	02:36:01	03:58:07	05:24:00	06:20:30	08:39:48	<b>09:48:07.60</b>	<b>09:48:18.80</b>	+04:20:06 (44.2%)	14:42	4.1 (56.2%)
	GACEK Grzegorz	242	SKL SUCHA BESKIDZKA	M3		01:08:20 DNF	02:11:14 DNF	03:26:22 DNF	DNF	04:47:17 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	CALDEIRA Fátima	311		K3		01:12:59 DNF	02:13:41 DNF	03:17:38 DNF	04:45:37 DNF	05:39:28 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	MAZAN Przemysław	254		M2		01:12:16 DNF	02:18:55 DNF	03:29:10 DNF	04:50:53 DNF	05:50:12 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	SZYDLIK Karol	278		M1		01:09:22 DNF	02:37:03 DNF	03:58:19 DNF	DNF	06:08:02 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	HANGIEL Urszula	264	ŻWAWĘ ŻÓŁWIE	K2		01:26:41 DNF	02:46:14 DNF	04:11:28 DNF	05:38:38 DNF	06:27:22 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krowiarki			Krowiarki			Czas netto 40km	Czas brutto 40km	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Raisztag 12.5km	1 19km	Babia 2 23.5km	2 28km	Babia 3 35.5km					
	<b>KULIGA Ewa</b>	<b>213</b>	EASYRUN RACIBÓRZ	K2		01:21:56 DNF	02:56:04 DNF	04:18:52 DNF	05:44:52 DNF	06:34:38 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KULIGA Marek</b>	<b>223</b>	EASYRUN RACIBÓRZ	M2		01:21:35 DNF	02:56:04 DNF	04:21:28 DNF	05:44:18 DNF	06:34:40 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>LAMENTA Andrzej</b>	<b>229</b>		M2		01:12:01 DNF	02:18:22 DNF	03:40:04 DNF	05:27:17 DNF	06:40:58 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>RYNDAK Mariusz</b>	<b>233</b>		M3		01:17:44 DNF	02:28:13 DNF	03:38:50 DNF	05:15:40 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>LEŚNICZAK Barbara</b>	<b>227</b>		K2		01:18:40 DNF	03:04:59 DNF	04:20:49 DNF	05:49:29 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KALIŃSKA Dorota</b>	<b>284</b>	NIEMANIE	K2		01:18:52 DNF	02:38:19 DNF	04:02:50 DNF	06:09:45 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ŻAK Oliwia</b>	<b>318</b>		K2		01:14:45 DNF	02:33:43 DNF	03:57:06 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>AUGUSTYNSKI Filip</b>	<b>250</b>		M1		01:18:04 DNF	02:40:23 DNF	04:08:56 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KALITOWSKI Maciej</b>	<b>230</b>		M2		01:25:14 DNF	03:05:43 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ŻABSKI Jacek</b>	<b>214</b>		M3		01:09:27 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Znaleziono 106 wynik(ów)