



Wydarzenie: ULTRAMARATON BABIA GÓRA
Organizator: KOZICA Fundacja Biegów Górskich
Data: 2024-06-08
Miejsce: Babia Góra
Dystans: 20.5 km

2X BABIA GÓRA SKYRACE®

B4SPORT

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 4.5km	Markowe 13.5km	Babia 2 16km	Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
1	DUDCZAK Michał	405	KS VERTICAL RYTRO	M1	1	00:40:31	01:22:48	01:53:09	02:13:54.55	02:13:55.70		6:31	9.2 (100%)
2	BALIGA Cezary	404	TEAM HOKA GARMIN	M1	2	00:41:42	01:26:36	01:56:01	02:15:47.00	02:15:48.15	+00:01:52 (1.4%)	6:37	9.1 (98.9%)
3	MILEWSKI Dominik	401	LA SPORTIVA POLSKA	M1	3	00:38:05	01:22:01	01:58:49	02:20:28.45	02:20:30.10	+00:06:34 (4.7%)	6:51	8.8 (95.7%)
4	KLIMCZAK Mikołaj	498	PRZEDWOJEWSKI TEAM	M1	4	00:40:28	01:25:42	02:00:45	02:20:37.20	02:20:38.35	+00:06:42 (4.8%)	6:51	8.7 (94.6%)
5	PARIS Nicola	406	TRUDNA BOYS 91	M1	5	00:40:44	01:28:30	02:00:45	02:22:24.70	02:22:26.60	+00:08:30 (6.0%)	6:56	8.6 (93.5%)
6	ŁUŻNY Bartłomiej	523	TRUDA BOYS 91	M1	6	00:43:55	01:30:30	02:01:53	02:23:37.65	02:23:39.50	+00:09:43 (6.8%)	7:00	8.6 (93.5%)
7	BROJ Marcel	403	BROJ TEAM ŻLINICE	M1	7	00:43:30	01:31:56	02:06:36	02:28:13.00	02:28:14.90	+00:14:19 (9.7%)	7:13	8.3 (90.2%)
8	SZCZEPANIAK Witold	451		M2	1	00:45:12	01:37:30	02:13:54	02:38:55.15	02:38:56.05	+00:25:00 (15.7%)	7:45	7.7 (83.7%)
9	DANIELAK Tomasz	431		M1	8	00:51:41	01:42:51	02:18:36	02:41:10.80	02:41:17.35	+00:27:21 (17.0%)	7:51	7.6 (82.6%)
10	DUDZIK Robert	410	GREEN-TECH	M2	2	00:51:30	01:44:41	02:20:55	02:42:23.35	02:42:35.55	+00:28:39 (17.6%)	7:55	7.6 (82.6%)
11	BUKOWSKI Maciej	614		M1	9	00:47:35	01:41:02	02:16:22	02:43:45.35	02:43:50.75	+00:29:55 (18.3%)	7:59	7.5 (81.5%)
12	CHROBACZYŃSKI Rafał	454		M1	10	00:47:41	01:42:40	02:20:12	02:45:30.30	02:45:32.65	+00:31:36 (19.1%)	8:04	7.4 (80.4%)
13	POKRYWKA Robert	542		M1	11	00:49:07	01:42:56	02:21:40	02:47:25.35	02:47:27.80	+00:33:32 (20.0%)	8:10	7.3 (79.3%)
14	DARCHUK Oleksandr	476	TRIFAMILY.PL	M2	3	00:49:32	01:45:37	02:22:40	02:49:41.50	02:49:44.80	+00:35:49 (21.1%)	8:16	7.2 (78.3%)
15	FABIAN Bogusław	615	EVANLITE.COM	M3	1	00:47:41	01:44:24	02:22:09	02:52:56.80	02:52:58.55	+00:39:02 (22.6%)	8:26	7.1 (77.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 4.5km	Markowe 13.5km	Babia 2 16km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 20.5km	brutto 20.5km			
16	CIECHANSKI Adam	610	ORT	M1	12	00:48:45	01:46:38	02:28:48	03:00:38.70	03:00:40.85	+00:46:45 (25.9%)	8:48	6.8 (73.9%)
17	PAWŁOWSKI Michał	545		M1	13	00:48:59	01:46:29	02:30:47	03:02:44.30	03:02:46.30	+00:48:50 (26.7%)	8:54	6.7 (72.8%)
18	SUCHENIA Piotr	407	RUNPASSION.PL TEAM	M2	4	00:52:41	01:50:14	02:33:24	03:03:08.15	03:03:12.20	+00:49:16 (26.9%)	8:56	6.7 (72.8%)
19	KACPRZAK Tomasz	567		M1	14	00:55:30	01:55:27	02:35:36	03:04:07.80	03:04:34.20	+00:50:38 (27.4%)	8:58	6.7 (72.8%)
20	PALKA Joanna	518		K2	1	00:53:13	01:53:30	02:33:55	03:04:33.35	03:04:38.15	+00:50:42 (27.5%)	9:00	6.7 (72.8%)
21	WÓJS Janusz	619	NIEZRZESZONY	M3	2	00:48:57	01:51:12	02:31:36	03:06:09.05	03:06:11.30	+00:52:15 (28.1%)	9:04	6.6 (71.7%)
22	PRZYBYŁOWSKI Piotr	590		M2	5	00:53:50	01:55:49	02:36:38	03:06:29.65	03:06:35.25	+00:52:39 (28.2%)	9:05	6.6 (71.7%)
23	SZNAJDER Jarosław	493	RUNPROGRESS.PL TEAM	M3	3	00:55:08	01:56:57	02:39:19	03:06:52.35	03:06:58.70	+00:53:03 (28.4%)	9:06	6.6 (71.7%)
24	PILSNIAK Krzysztof	535		M3	4	00:51:27	01:53:28	02:36:03	03:10:14.70	03:10:18.75	+00:56:23 (29.6%)	9:16	6.5 (70.7%)
25	PAPIERZ Marta	506		K1	1	00:58:48	02:00:18	02:44:17	03:10:30.15	03:10:32.15	+00:56:36 (29.7%)	9:17	6.5 (70.7%)
26	LELITO Piotr	418	WIELKA WIEŚ BIEGA	M2	6	00:55:42	01:56:40	02:41:11	03:10:45.15	03:10:50.65	+00:56:54 (29.8%)	9:18	6.4 (69.6%)
27	BABIŃSKA-POPIŁKA Ewelina	620		K2	2	00:55:00	01:58:01	02:41:19	03:11:20.90	03:11:23.35	+00:57:27 (30.0%)	9:20	6.4 (69.6%)
28	TOBERA Łukasz	467		M2	7	00:53:59	02:06:15	02:45:45	03:12:48.20	03:12:54.85	+00:58:59 (30.6%)	9:24	6.4 (69.6%)
29	ZIELECKI Adam	492	RUNPASSION.PL TEAM	M1	15	00:52:36	01:57:01	02:36:56	03:13:04.20	03:13:08.40	+00:59:12 (30.7%)	9:25	6.4 (69.6%)
30	PUCHNIARZ Artur	515	RUNPASSION.PL TEAM	M2	8	00:54:28	01:57:44	02:44:22	03:14:57.35	03:15:01.00	+01:01:05 (31.3%)	9:30	6.3 (68.5%)
31	ORZYŁOWSKI Maciej	513	RUNPASSION.PL TEAM	M2	9	00:56:27	01:59:07	02:46:35	03:15:55.60	03:16:00.00	+01:02:04 (31.7%)	9:33	6.3 (68.5%)
32	HOROSZ Jakub	617	WARSZAWIAKY	M1	16	00:58:43	01:59:43	02:46:18	03:15:51.45	03:16:01.20	+01:02:05 (31.7%)	9:33	6.3 (68.5%)
33	FURMAŃSKI Jakub	471		M2	10	00:54:48	01:58:04	02:43:53	03:18:09.90	03:18:17.05	+01:04:21 (32.5%)	9:39	6.2 (67.4%)
34	DADOS Rafał	497		M2	11	00:54:31	02:00:19	02:46:29	03:19:08.80	03:19:11.80	+01:05:16 (32.8%)	9:42	6.2 (67.4%)
35	CHOJNACKI Radosław	455	BIEGAJĄCY Z ŻABAMI	M2	12	00:52:56	01:59:11	02:45:54	03:20:25.05	03:20:29.25	+01:06:33 (33.2%)	9:46	6.1 (66.3%)
36	DUCH Rafał	426		M1	17	00:57:26	02:02:05	02:49:08	03:20:26.55	03:20:32.80	+01:06:37 (33.2%)	9:46	6.1 (66.3%)
37	SNARSKI Piotr	563	ADIDAS RUNNERS WARSAW	M2	13	00:55:33	01:57:53	02:50:58	03:21:49.30	03:21:57.80	+01:08:02 (33.7%)	9:50	6.1 (66.3%)
38	GÓRECKI Arkadiusz	574		M2	14	00:56:16	02:01:47	02:48:11	03:21:48.90	03:22:11.85	+01:08:16 (33.8%)	9:50	6.1 (66.3%)

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						Babia 1 4.5km	Markowe 13.5km	Babia 2 16km					
39	WOŻNY Paweł	457	RUNPROGRESS.PL TEAM	M2	15	00:52:56	01:55:50	02:47:49	03:23:08.95	03:23:14.10	+01:09:18 (34.1%)	9:54	6.1 (66.3%)
40	WINDAK Agnieszka	597	JEM KLOPSA	K1	2	01:00:18	02:07:52	02:54:44	03:23:20.50	03:23:29.65	+01:09:33 (34.2%)	9:55	6 (65.2%)
41	KLIMCA Piotr	479	TEAM KLIM-BRUK	M2	16	00:55:49	02:01:22	02:52:33	03:23:52.30	03:23:56.20	+01:10:00 (34.3%)	9:56	6 (65.2%)
42	PIĄTEK Beata	595	WWW.TRENINGFIZJOTERAPIA.PL	K2	3	01:02:03	02:08:24	02:52:09	03:25:30.05	03:25:32.85	+01:11:37 (34.8%)	10:01	6 (65.2%)
43	SZYBILSKI Daniel	599	TYCZYŃSKI TRIATHLON TEAM	M2	17	00:57:39	02:01:34	02:51:03	03:26:12.55	03:26:23.00	+01:12:27 (35.1%)	10:03	6 (65.2%)
44	SZUMLAŃSKI Marcin	625	GORĄCY POTOK TEAM	M2	18	00:53:36	02:09:26	03:03:13	03:33:09.90	03:33:14.85	+01:19:19 (37.2%)	10:23	5.8 (63.0%)
45	CHOWANIEC Luca	427	MOUNTAIN RUNNIG GUIDES	M1	18	00:58:49	02:06:17	03:02:02	03:33:25.40	03:33:28.20	+01:19:32 (37.3%)	10:24	5.8 (63.0%)
46	LOREK Adam	424	#BIEGAJLESZNO	M2	19	00:56:52	02:10:36	02:54:22	03:33:24.00	03:33:32.30	+01:19:36 (37.3%)	10:24	5.8 (63.0%)
47	SOFIŃSKA Kamila	470		K2	4	00:59:03	02:11:03	02:59:00	03:34:04.80	03:34:09.95	+01:20:14 (37.5%)	10:26	5.7 (62.0%)
48	KRZYSTAŁA Paweł	549		M1	19	01:04:53	02:16:11	03:02:37	03:34:37.45	03:34:51.80	+01:20:56 (37.7%)	10:28	5.7 (62.0%)
49	ROSTWOROWSKI Jerzy	578	KW KRAKÓW	M2	20	00:59:54	02:09:54	03:01:45	03:36:04.15	03:36:09.70	+01:22:14 (38.0%)	10:32	5.7 (62.0%)
50	MIKOŁAJEWSKA Zofia	594	ORT	K1	3	01:03:18	02:15:44	03:02:34	03:36:14.65	03:36:19.20	+01:22:23 (38.1%)	10:32	5.7 (62.0%)
51	KOEHLER Krzysztof	598		M3	5	01:01:22	02:12:07	03:02:39	03:36:23.20	03:36:34.20	+01:22:38 (38.2%)	10:33	5.7 (62.0%)
52	KARWACZKA Piotr	593		M3	6	00:54:23	02:06:55	03:00:57	03:39:28.85	03:39:38.25	+01:25:42 (39.0%)	10:42	5.6 (60.9%)
53	MIGDOŁ Adam	437	HRMAX ŻORY	M2	21	01:00:49	02:10:48	03:03:44	03:43:05.00	03:43:11.95	+01:29:16 (40.0%)	10:52	5.5 (59.8%)
54	RUSAK Adrian	459		M2	22	01:03:46	02:18:13	03:09:50	03:42:48.25	03:43:21.40	+01:29:25 (40.0%)	10:52	5.5 (59.8%)
55	TARNAWSKI Marcin	425		M2	23	00:56:20	02:06:59	03:05:10	03:45:12.45	03:45:17.60	+01:31:21 (40.6%)	10:59	5.5 (59.8%)
56	SALIK Stanisław	560		M2	24	01:03:09	02:15:41	03:06:59	03:45:31.65	03:45:39.00	+01:31:43 (40.6%)	11:00	5.5 (59.8%)
57	POCHOPIEŃ Leszek	443	UBS	M3	7	01:04:26	02:17:25	03:10:37	03:45:18.40	03:45:43.20	+01:31:47 (40.7%)	10:59	5.5 (59.8%)
58	BRUZDA Sebastian	530	SMA TEAM	M1	20	01:08:40	02:21:48	03:12:45	03:45:58.95	03:46:01.95	+01:32:06 (40.7%)	11:01	5.4 (58.7%)
59	MIGASIEWICZ Marcin	452	RUNNING TEAM MILICZ	M1	21	01:01:52	02:10:45	03:08:55	03:46:22.40	03:46:39.25	+01:32:43 (40.9%)	11:02	5.4 (58.7%)
60	BARBASZ Jakub	469		M2	25	00:59:28	02:13:55	03:12:48	03:47:18.40	03:47:23.40	+01:33:27 (41.1%)	11:05	5.4 (58.7%)
61	MIŚ Hubert	440	RUNONLINE.PL TEAM	M2	26	00:58:54	02:09:42	03:04:39	03:48:58.75	03:49:14.35	+01:35:18 (41.6%)	11:10	5.4 (58.7%)

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									netto 20.5km	brutto 20.5km			
62	ŚWIERCZEK Paweł	458	RAFA WINO	M2	27	00:58:50	02:09:13	03:12:29	03:49:28.30	03:49:44.80	+01:35:49 (41.7%)	11:11	5.4 (58.7%)
63	DUSZA Marcin	474		M1	22	00:59:51	02:14:37	03:07:08	03:49:47.30	03:50:01.95	+01:36:06 (41.8%)	11:12	5.4 (58.7%)
64	OLEŚ Dominik	525	OLESTEAM	M1	23	01:00:14	02:14:05	03:13:43	03:50:03.55	03:50:15.20	+01:36:19 (41.8%)	11:13	5.3 (57.6%)
65	WOJTALA Bartłomiej	512	UWAGA NA DZIADA	M2	28	01:05:57	02:17:20	03:15:52	03:50:35.10	03:50:51.65	+01:36:55 (42.0%)	11:14	5.3 (57.6%)
66	WÓJCIK Magdalena	569		K1	4	00:58:11	02:16:38	03:05:54	03:52:21.15	03:52:40.95	+01:38:45 (42.4%)	11:20	5.3 (57.6%)
67	KRZYŻOWSKI Hubert	573		M2	29	01:04:22	02:16:07	03:16:06	03:52:51.40	03:53:03.25	+01:39:07 (42.5%)	11:21	5.3 (57.6%)
68	LESIŃSKA Adrianna	526	TREC TEAM	K1	5	01:00:44	02:16:07	03:14:40	03:53:18.35	03:53:35.80	+01:39:40 (42.7%)	11:22	5.3 (57.6%)
69	PULIT Dawid	553		M1	24	00:59:01	02:16:04	03:09:55	03:54:36.50	03:54:41.00	+01:40:45 (42.9%)	11:26	5.2 (56.5%)
70	ROZDOLSKA Lucyna	446	ATLAS WARD RUN	K2	5	01:04:13	02:18:00	03:13:46	03:56:00.20	03:56:08.50	+01:42:12 (43.3%)	11:30	5.2 (56.5%)
71	TOPOLSKI Marcin	609	BRZESKI KLUB BIEGACZA CZARNA PERŁA	M2	30	00:58:51	02:16:46	03:13:57	03:56:14.35	03:56:22.55	+01:42:26 (43.3%)	11:31	5.2 (56.5%)
72	GÓRSKI Jakub	572	RAPID RUNNERS TEAM	M2	31	01:06:09	02:22:52	03:16:40	03:56:59.70	03:57:06.25	+01:43:10 (43.5%)	11:33	5.2 (56.5%)
73	SKOWRONEK Robert	417		M3	8	01:03:26	02:18:51	03:17:27	03:57:05.05	03:57:10.50	+01:43:14 (43.5%)	11:33	5.2 (56.5%)
74	MIELNIK Michał	555		M1	25	00:59:52	02:15:34	03:09:19	03:57:10.35	03:57:17.30	+01:43:21 (43.6%)	11:34	5.2 (56.5%)
75	DOSKOCZ Mikołaj	504	BIEGAJĄCE ZĄBKI	M2	32	01:04:26	02:18:28	03:19:13	03:57:20.40	03:57:36.65	+01:43:40 (43.6%)	11:34	5.2 (56.5%)
76	ANTOŃCZYK Krzysztof	453		M3	9	01:00:47	02:17:38	03:17:23	03:57:47.50	03:57:53.35	+01:43:57 (43.7%)	11:35	5.2 (56.5%)
77	PŁÓCIENNICZAK Jakub	501	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW	M2	33	00:59:32	02:14:26	03:16:46	03:57:53.35	03:58:03.10	+01:44:07 (43.7%)	11:36	5.2 (56.5%)
78	STASIEWICZ Łukasz	586		M2	34	01:02:57	02:22:46	03:18:38	03:58:49.85	03:59:05.05	+01:45:09 (44.0%)	11:38	5.2 (56.5%)
79	DZIEDZIC Grzegorz	445	STAJNIAK TEAM	M2	35	01:04:50	02:20:23	03:19:48	03:59:16.30	03:59:32.40	+01:45:36 (44.1%)	11:40	5.1 (55.4%)
80	KASZUBA Mateusz	584	RUNNING RENEGADES	M1	26	01:03:07	02:17:57		03:59:24.20	03:59:37.90	+01:45:42 (44.1%)	11:40	5.1 (55.4%)
81	SAJNÓG Leszek	423	#BIEGAJ LESZNO	M2	36	01:01:45	02:19:09		03:59:47.35	03:59:53.50	+01:45:57 (44.2%)	11:41	5.1 (55.4%)
82	JĘDRAŚ Rafał	552	WAWRZYN TEAM BIEGIEM PO MARZENIA	M2	37	01:06:31	02:28:01	03:24:46	04:01:27.15	04:01:48.75	+01:47:53 (44.6%)	11:46	5.1 (55.4%)
83	STASZCZYK Michał	524	BKB CZARNA PERŁA	M2	38	01:06:51	02:29:32	03:23:55	04:01:39.05	04:01:50.05	+01:47:54 (44.6%)	11:47	5.1 (55.4%)
84	STASZCZYK Anna	438	BKB CZARNA PERŁA	K2	6	01:06:54	02:29:40	03:23:57	04:01:46.85	04:01:57.65	+01:48:01 (44.6%)	11:47	5.1 (55.4%)

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									netto 20.5km	brutto 20.5km			
85	WIĘCEK Maria	521		K1	6	01:04:06	02:28:32	03:21:09	04:02:09.30	04:02:16.85	+01:48:21 (44.7%)	11:48	5.1 (55.4%)
86	WEINTRITT Joanna	564	FITNESS SOUL	K2	7	01:10:10	02:30:46	03:24:26	04:02:54.25	04:03:03.05	+01:49:07 (44.9%)	11:50	5.1 (55.4%)
87	KARCZEWSKI Bartek	500		M2	39	01:01:57	02:18:32	03:14:40	04:02:50.90	04:03:05.95	+01:49:10 (44.9%)	11:50	5.1 (55.4%)
88	TROJANOWSKA Małgorzata	579	TRAIL IS OUR WAY	K1	7	01:16:30	02:34:38	03:28:13	04:03:05.40	04:03:23.20	+01:49:27 (45.0%)	11:51	5.1 (55.4%)
89	SZUROWSKA Maryjka	604	CAMPJANO	K1	8	01:01:59	02:17:42	03:16:20	04:03:54.35	04:03:56.55	+01:50:00 (45.1%)	11:53	5 (54.3%)
90	SZTAJNERT Aleksander	519		M1	27	01:01:59	02:22:17	03:12:45	04:05:34.80	04:05:48.90	+01:51:53 (45.5%)	11:58	5 (54.3%)
91	OCIESA Bartek	576	PINTA RUNNING TEAM	M1	28	01:09:49	02:30:02	03:25:25	04:07:58.10	04:08:24.15	+01:54:28 (46.1%)	12:05	5 (54.3%)
92	OLMA Dariusz	416	OPTYMISTA AMATOR	M2	40	01:05:34	02:26:03	03:25:49	04:09:18.25	04:09:26.10	+01:55:30 (46.3%)	12:09	4.9 (53.3%)
93	REMBAK Piotr	621	SKARŻYSKIE TOWARZYSTWO CYKLISTÓW	M3	10	01:06:35	02:31:30	03:22:07	04:09:04.75	04:09:30.10	+01:55:34 (46.3%)	12:08	4.9 (53.3%)
94	RYBA Maria	414		K2	8	01:08:51	02:32:38	03:34:41	04:10:41.10	04:10:51.75	+01:56:56 (46.6%)	12:13	4.9 (53.3%)
95	LIS Tomasz	449		M1	29	01:00:21	02:14:16	03:18:39	04:11:31.45	04:11:43.05	+01:57:47 (46.8%)	12:16	4.9 (53.3%)
96	BAK Katarzyna	540	KANDAHAR	K2	9	01:12:54	02:36:20	03:31:54	04:12:04.75	04:12:09.55	+01:58:13 (46.9%)	12:17	4.9 (53.3%)
97	DANIELAK Małgorzata	466		K3	1	01:11:21	02:36:10	03:38:11	04:12:28.85	04:12:44.20	+01:58:48 (47.0%)	12:18	4.9 (53.3%)
98	SATAŁA Michał	607	DIADORA POLSKA	M1	30	01:06:26	02:35:59	03:37:56	04:12:30.30	04:12:47.15	+01:58:51 (47.0%)	12:19	4.9 (53.3%)
99	SMYKA Michał	589		M1	31	01:05:20	02:31:59	03:30:29	04:13:19.55	04:13:30.05	+01:59:34 (47.2%)	12:21	4.9 (53.3%)
100	SWAT Damian	429		M1	32	01:05:19	02:24:55	03:25:44	04:13:31.60	04:13:52.80	+01:59:57 (47.2%)	12:22	4.9 (53.3%)
101	RICO GONZALEZ Javier	605	TEAM 3FDC	M2	41	01:06:02	02:24:46	03:36:28	04:15:07.00	04:15:17.20	+02:01:21 (47.5%)	12:26	4.8 (52.2%)
102	WIDŁAK Krzysztof	613	BIEGAM BEZ KLUBU	M1	33	01:13:26	02:35:01	03:35:29	04:15:21.70	04:15:45.35	+02:01:49 (47.6%)	12:27	4.8 (52.2%)
103	SZCZYGIEŁ Szymon	464		M1	34	01:05:34	02:32:20	03:31:28	04:15:55.95	04:15:59.65	+02:02:03 (47.7%)	12:29	4.8 (52.2%)
104	SZCZYGIEŁ Przemysław	465		M2	42	01:05:30	02:32:19	03:31:25	04:15:56.50	04:15:59.85	+02:02:04 (47.7%)	12:29	4.8 (52.2%)
105	GĘSIAREK Grzegorz	507		M2	43	01:10:35	02:29:11	03:33:59	04:16:23.10	04:16:38.20	+02:02:42 (47.8%)	12:30	4.8 (52.2%)
106	PUSTELNIK Paweł	483		M2	44	01:04:09	02:33:23	03:31:54	04:16:23.90	04:16:49.10	+02:02:53 (47.9%)	12:30	4.8 (52.2%)
107	DOSKOCZ Nina	482	BIEGAJĄCE ZĄBKI	K2	10	01:11:35	02:33:22	03:36:17	04:17:18.25	04:17:34.10	+02:03:38 (48.0%)	12:33	4.8 (52.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Markowe 13.5km	Babia 2 16km					
108	ŁUGOWSKI Mateusz	592		M2	45	01:08:45	02:31:42	03:35:52	04:17:36.35	04:17:55.85	+02:04:00 (48.1%)	12:33	4.8 (52.2%)
109	ISKROWICZ Aleksandra	547	ATLAS WARD RUN	K2	11	01:03:49	02:20:28	03:22:33	04:18:01.45	04:18:10.55	+02:04:14 (48.1%)	12:35	4.8 (52.2%)
110	SZCZEPANIAK Jakub	536		M1	35	01:01:04	02:12:14	03:14:01	04:18:40.80	04:18:49.35	+02:04:53 (48.3%)	12:37	4.8 (52.2%)
111	GODYN Karol	541		M2	46	01:05:35	02:32:12	03:34:01	04:18:59.60	04:19:18.30	+02:05:22 (48.4%)	12:38	4.7 (51.1%)
112	MOCHEGANI Andrea	624		M3	11	01:00:34	02:23:36	03:23:11	04:19:20.05	04:19:23.50	+02:05:27 (48.4%)	12:39	4.7 (51.1%)
113	KORZENIOWSKA Magdalena	508	NIEPOŁOMICE BIEGAJĄ	K2	12	01:13:58	02:36:22	03:38:19	04:23:18.20	04:23:36.15	+02:09:40 (49.2%)	12:50	4.7 (51.1%)
114	BAK Artur	509	ELITARNY KLUB GERIATRYCZNY	M3	12	01:13:59	02:36:22	03:38:59	04:23:18.20	04:23:36.35	+02:09:40 (49.2%)	12:50	4.7 (51.1%)
115	NAPIONTEK Maria	491	ADVENTURE TEAM BY DELOITTE / TRICLUB	K2	13	01:09:15	02:36:29	03:40:09	04:24:00.70	04:24:14.20	+02:10:18 (49.3%)	12:52	4.7 (51.1%)
116	BŁAŻEJOWSKI Krzysztof	420		M3	13	01:12:14	02:46:37	03:41:54	04:24:16.75	04:24:43.85	+02:10:48 (49.4%)	12:53	4.7 (51.1%)
117	PRZYBYŁO Paweł	529	SMA TEAM	M2	47	01:06:07	02:35:02	03:39:54	04:26:33.50	04:26:53.95	+02:12:58 (49.8%)	13:00	4.6 (50.0%)
118	OKOŃ Tomasz	608	RAPID RUNNERS TEAM	M2	48	01:02:44	02:20:45	03:26:57	04:27:02.00	04:27:04.20	+02:13:08 (49.9%)	13:01	4.6 (50.0%)
119	KARKOSZKA Bartłomiej	534	OCR KRAKÓW	M2	49	01:10:15	02:38:24	03:40:16	04:28:12.15	04:28:22.35	+02:14:26 (50.1%)	13:04	4.6 (50.0%)
120	POGODA Adam	587		M2	50	01:11:40	02:36:21	03:39:34	04:28:14.55	04:28:36.85	+02:14:41 (50.1%)	13:05	4.6 (50.0%)
121	SAJNÓG Justyna	422	#BIEGAJLESZNO	K2	14	01:09:33	02:35:09	03:39:53	04:28:29.40	04:28:37.15	+02:14:41 (50.1%)	13:05	4.6 (50.0%)
122	PAWELEC Mariusz	472	KB FORREST GUMP	M3	14	01:03:45	02:28:40	03:30:06	04:28:37.50	04:28:46.65	+02:14:50 (50.2%)	13:06	4.6 (50.0%)
123	BALICKI Zbigniew	468	FOREST CARABUS TEAM	M3	15	01:11:25	02:36:28	03:41:17	04:29:35.95	04:29:59.50	+02:16:03 (50.4%)	13:09	4.6 (50.0%)
124	SŁOWIK Mariusz	533	ROM TEAM	M3	16	01:09:31	02:36:10	03:47:51	04:30:31.80	04:30:49.75	+02:16:54 (50.5%)	13:11	4.5 (48.9%)
125	PODSTAWSKA Justyna	494		K2	15	01:14:10	02:42:29	03:47:24	04:30:40.55	04:30:50.15	+02:16:54 (50.5%)	13:12	4.5 (48.9%)
126	KOSZEK Krzysztof	499		M2	51	01:04:21	02:29:29	03:35:00	04:32:29.20	04:32:45.60	+02:18:49 (50.9%)	13:17	4.5 (48.9%)
127	WORONOWICZ Piotr	520		M1	36	01:10:02	02:30:53	03:36:20	04:33:14.90	04:33:24.00	+02:19:28 (51.0%)	13:19	4.5 (48.9%)
128	PROKOP Bartek	539		M1	37	01:01:59	02:24:24	03:42:15	04:33:16.50	04:33:32.35	+02:19:36 (51.0%)	13:19	4.5 (48.9%)
129	MIEDZIK Jan	444		M2	52	01:03:31	02:25:17	03:37:34	04:33:26.45	04:33:50.85	+02:19:55 (51.1%)	13:20	4.5 (48.9%)
130	KĘPA Kamil	448	HDR WATAHA DĄBROWA GÓRNICZA	M2	53	01:10:50	02:35:20	03:51:14	04:33:42.65	04:34:10.10	+02:20:14 (51.2%)	13:21	4.5 (48.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 4.5km	Markowe 13.5km	Babia 2 16km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 20.5km	brutto 20.5km			
131	MACIĘGA Aleksandra	461		K1	9	01:04:29	02:35:01	03:45:13	04:34:10.45	04:34:21.45	+02:20:25 (51.2%)	13:22	4.5 (48.9%)
132	KUŹMA Łukasz	463	HOSPICJUM POMORZE DZIECIOM	M2	54	01:04:30	02:35:00	03:45:09	04:34:11.50	04:34:22.15	+02:20:26 (51.2%)	13:22	4.5 (48.9%)
133	DOMAŃSKI Maciej	487		M2	55	01:10:08	02:42:49		04:39:08.45	04:39:20.40	+02:25:24 (52.1%)	13:36	4.4 (47.8%)
134	STADLER Katarzyna	434	GANG ZAKRĘCONYCH MASTERSÓW	K2	16	01:14:48	02:49:19	03:50:38	04:40:26.25	04:40:40.25	+02:26:44 (52.3%)	13:40	4.4 (47.8%)
135	SOBOLEWSKI Adam	432		M2	56	01:05:28	02:38:03	03:44:40	04:42:33.55	04:42:55.80	+02:29:00 (52.7%)	13:46	4.4 (47.8%)
136	BARAN Lucjan	419	BKB CZARNA PERŁA	M3	17	01:07:18	02:39:34	03:46:04	04:42:51.20	04:43:02.75	+02:29:07 (52.7%)	13:47	4.3 (46.7%)
137	DRACHAL Krzysztof	548		M2	57	01:08:14	02:36:25	03:52:52	04:45:28.95	04:45:34.55	+02:31:38 (53.1%)	13:55	4.3 (46.7%)
138	DWORZAŃSKA-GUL Anna	543	MARATOŃCZYK POZNAŃ/BIEGAJĄCE KREJZOLE	K2	17	01:15:22	02:46:23	03:59:59	04:49:12.55	04:49:39.45	+02:35:43 (53.8%)	14:06	4.3 (46.7%)
139	CZAPSKI Piotr	603		M3	18	01:14:30	02:44:13	03:56:44	04:50:56.55	04:51:23.35	+02:37:27 (54.0%)	14:11	4.2 (45.7%)
140	DANIELAK Roman	428		M3	19	01:15:24	02:42:36	03:58:03	04:53:29.90	04:53:48.30	+02:39:52 (54.4%)	14:18	4.2 (45.7%)
141	POLAKOWSKA Agata	435		K2	18	01:16:51	02:49:58	03:56:39	04:53:27.50	04:53:49.15	+02:39:53 (54.4%)	14:18	4.2 (45.7%)
142	ŚNIADY Piotr	502		M1	38	01:15:23	02:45:25	03:58:16	04:53:38.50	04:54:01.05	+02:40:05 (54.4%)	14:19	4.2 (45.7%)
143	OCHMANSKI Piotr	566		M3	20	01:04:52	02:32:17	04:03:05	04:55:55.35	04:56:08.40	+02:42:12 (54.8%)	14:26	4.2 (45.7%)
144	ŁĄCKA Małgorzata	582		K2	19	01:14:54	02:53:31	04:07:11	04:56:12.50	04:56:23.85	+02:42:28 (54.8%)	14:26	4.2 (45.7%)
145	DUDZIK Jakub	522	AZS UMED ŁÓDŹ	M1	39	01:11:49	02:37:14	04:04:59	04:59:09.20	04:59:30.65	+02:45:34 (55.3%)	14:35	4.1 (44.6%)
146	SUROWY Bartosz	488	BIZON RUNNING TEAM	M1	40	01:23:48	02:55:18	04:15:03	04:59:40.50	04:59:53.35	+02:45:57 (55.3%)	14:37	4.1 (44.6%)
147	KRÓL Marcin	510		M2	58	01:19:31	02:43:25	03:58:15	04:59:28.60	04:59:53.60	+02:45:57 (55.3%)	14:36	4.1 (44.6%)
148	ROKSELA Wojciech	556		M3	21	01:10:40	02:45:30	03:58:26	05:00:19.20	05:00:26.15	+02:46:30 (55.4%)	14:38	4.1 (44.6%)
149	LEWICKI Michał	514		M2	59	01:09:14	02:45:19	04:05:59	05:01:06.70	05:01:28.85	+02:47:33 (55.6%)	14:41	4.1 (44.6%)
150	DERKOWSKI Rafał	606		M1	41	01:20:55	02:53:09	04:14:46	05:01:18.35	05:01:44.75	+02:47:49 (55.6%)	14:41	4.1 (44.6%)
151	RYBACZUK Ewelina	412		K2	20	01:22:34	03:03:49	04:14:47	05:02:32.70	05:02:46.10	+02:48:50 (55.8%)	14:45	4.1 (44.6%)
152	BARANSKI Adrian	439	POMORZE ZHR	M1	42	01:14:41	02:48:11	04:12:47	05:03:59.25	05:04:16.60	+02:50:20 (56.0%)	14:49	4 (43.5%)
153	ROCHOWIAK Janusz	551		M3	22	01:19:39	02:57:01	04:07:21	05:05:49.70	05:06:11.65	+02:52:15 (56.3%)	14:55	4 (43.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Markowe 13.5km	Babia 2 16km					
154	MATAN-KLIMKIEWICZ Magdalena	531	SMA TEAM	K2	21	01:12:36	02:44:23	04:02:17	05:06:40.60	05:07:01.15	+02:53:05 (56.4%)	14:57	4 (43.5%)
155	GRZANKA Marcin	489		M1	43	01:09:10	02:54:42	04:13:37	05:09:17.90	05:09:32.25	+02:55:36 (56.7%)	15:05	4 (43.5%)
156	ŁATKA Szymon	562		M1	44	01:19:27	03:05:49	04:16:25	05:10:02.35	05:10:10.85	+02:56:15 (56.8%)	15:07	4 (43.5%)
157	BORTKIEWICZ Monika	447	WITEK TEAM	K2	22	01:21:28	03:01:06	04:20:51	05:10:42.90	05:10:50.75	+02:56:55 (56.9%)	15:09	4 (43.5%)
158	GIDASZEWSKA Jolanta	421	GIDAŚ TEAM	K2	23	01:21:12	03:07:25	04:13:52	05:11:10.90	05:11:18.25	+02:57:22 (57.0%)	15:10	4 (43.5%)
159	KOŁODZIEJCZYK Rafał	611		M1	45	01:07:23	02:39:58	04:04:17	05:11:45.15	05:11:57.75	+02:58:02 (57.1%)	15:12	3.9 (42.4%)
160	TUREK Paweł	618		M3	23	01:26:50	03:05:37	04:29:01	05:12:23.95	05:12:49.25	+02:58:53 (57.2%)	15:14	3.9 (42.4%)
161	NOCUŃ Kamil	478		M1	46	01:13:53	02:53:03	04:06:41	05:12:37.60	05:12:56.55	+02:59:00 (57.2%)	15:14	3.9 (42.4%)
162	RYBA Bartłomiej	413		M2	60	01:21:04	03:09:32	04:26:25	05:13:27.50	05:13:37.95	+02:59:42 (57.3%)	15:17	3.9 (42.4%)
163	RATALEWSKA Zuzanna	485	FITFABRIC	K1	10	01:18:03	03:00:46	04:10:51	05:13:48.50	05:14:01.70	+03:00:06 (57.4%)	15:18	3.9 (42.4%)
164	AWDZIEWICZ Anastazja	486	FITFABRIC	K1	11	01:18:07	03:00:45	04:10:56	05:13:48.90	05:14:01.75	+03:00:06 (57.4%)	15:18	3.9 (42.4%)
165	LEŚNIEWSKA Marta	585	RUNNING RENEGADES/ DELOITTE ADVENTURE TEAM	K2	24	01:28:23	03:07:28	04:34:01	05:14:00.50	05:14:14.50	+03:00:18 (57.4%)	15:19	3.9 (42.4%)
166	URBAŚ Rafał	462		M2	61	01:19:39	02:57:06	04:15:52	05:13:57.20	05:14:17.05	+03:00:21 (57.4%)	15:18	3.9 (42.4%)
167	ŁĄCKI Marcin	581	RUNNING RENEGADES	M2	62	01:11:53	02:54:00	04:07:05	05:14:11.40	05:14:26.65	+03:00:30 (57.4%)	15:19	3.9 (42.4%)
168	KULITA Elżbieta	496		K3	2	01:24:53	03:08:06	04:24:27	05:14:10.55	05:14:30.40	+03:00:34 (57.4%)	15:19	3.9 (42.4%)
169	KRÓL Magdalena	511		K2	25	01:19:35	02:57:30	04:14:05	05:14:36.90	05:15:01.00	+03:01:05 (57.5%)	15:20	3.9 (42.4%)
170	PIERZCHAŁA Karolina	528	SMA TEAM	K1	12	01:18:03	02:57:33	04:30:58	05:18:41.55	05:19:00.75	+03:05:05 (58.0%)	15:32	3.9 (42.4%)
171	NOWAK Maciej	415		M2	63	01:23:14	03:09:45	04:29:06	05:18:52.20	05:19:08.05	+03:05:12 (58.0%)	15:33	3.9 (42.4%)
172	ŻARSKA Ilona	550		K2	26	01:20:11	03:02:40	04:25:04	05:22:37.00	05:23:00.75	+03:09:05 (58.5%)	15:44	3.8 (41.3%)
173	STEPANIUK Robert	477	TURBODZIKI	M2	64	01:20:12	03:02:38	04:24:59	05:22:37.90	05:23:00.85	+03:09:05 (58.5%)	15:44	3.8 (41.3%)
174	MŁYNARCZYK Patrycja	559		K1	13	01:21:48	03:06:30	04:23:15	05:23:55.35	05:24:10.40	+03:10:14 (58.7%)	15:48	3.8 (41.3%)
175	DOMAŃSKA Magdalena	561	WOLNA WARIATKA	K2	27	01:22:18	03:06:50	04:21:56	05:23:58.55	05:24:11.75	+03:10:16 (58.7%)	15:48	3.8 (41.3%)
176	KOCZARA Marta	583	RUNNING RENEGADES	K2	28	01:28:25	03:07:32	04:34:00	05:25:03.40	05:25:16.15	+03:11:20 (58.8%)	15:51	3.8 (41.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat				Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Markowe 13.5km	Babia 2 16km	netto 20.5km	brutto 20.5km			
177	BAKOWSKI Włodzimierz	538	KS KANDAHAR	M3	24	01:16:09	02:58:08	04:21:53	05:27:23.25	05:27:42.75	+03:13:47 (59.1%)	15:58	3.8 (41.3%)
178	MAJCHER Monika	575		K2	29	01:27:21	03:15:39	04:34:08	05:31:34.65	05:31:57.25	+03:18:01 (59.7%)	16:10	3.7 (40.2%)
179	CHODA Kamil	532		M1	47	01:27:01	03:03:05	04:39:49	05:34:26.65	05:34:30.05	+03:20:34 (60.0%)	16:18	3.7 (40.2%)
180	ZEIDLER Aleksander	537		M3	25	01:27:55	03:22:53	04:47:14	05:35:57.10	05:36:09.85	+03:22:14 (60.2%)	16:23	3.7 (40.2%)
181	MORAWSKA Anna	460	BEZ KONDYCJI	K3	3	01:24:59	03:19:03	04:40:24	05:41:05.00	05:41:23.70	+03:27:28 (60.8%)	16:38	3.6 (39.1%)
182	GIRTLER Kacper	600		M1	48	01:21:51	03:14:50	04:43:43	05:41:30.05	05:41:53.80	+03:27:58 (60.8%)	16:39	3.6 (39.1%)
183	TRAWIŃSKA Agata	554		K1	14	01:21:58	03:14:53	04:43:49	05:41:31.30	05:41:53.95	+03:27:58 (60.8%)	16:39	3.6 (39.1%)
184	ŁATKA Dorota	570		K3	4	01:35:30	03:28:48	04:56:04	05:43:48.85	05:43:58.70	+03:30:03 (61.1%)	16:46	3.6 (39.1%)
185	SLAWEK Claudia	430		K1	15	01:32:15	03:15:03	04:47:59	05:43:46.35	05:44:10.50	+03:30:14 (61.1%)	16:46	3.6 (39.1%)
186	ŁATKA Mateusz	571		M1	49	01:19:55	03:18:31	04:55:25	05:46:31.35	05:46:39.85	+03:32:44 (61.4%)	16:54	3.5 (38.0%)
187	STANIAK Anna	450		K1	16	01:30:29	03:29:34	04:58:26	05:48:05.30	05:48:17.45	+03:34:21 (61.5%)	16:58	3.5 (38.0%)
Przekroczony limit czasu: 06:00:00													
188	BRUCHAJZER Roksana	558		K2	30	01:22:15	03:55:27	05:07:08	06:08:10.65	06:08:24.95	+03:54:29 (63.6%)	17:57	3.3 (35.9%)
189	GRABOWSKI Leszek	503	STARE BABICE BIEGAJĄ	M3	26	01:42:20	03:55:20	05:28:39	06:34:04.15	06:34:31.95	+04:20:36 (66.1%)	19:13	3.1 (33.7%)
190	STROŃSKA Agnieszka	495		K3	5	01:40:08	03:57:35	05:34:24	06:41:22.15	06:41:43.25	+04:27:47 (66.7%)	19:34	3.1 (33.7%)
191	LIS Mariusz	436		M3	27	01:26:45	03:36:22	05:20:37	06:54:20.60	06:54:37.25	+04:40:41 (67.7%)	20:12	3 (32.6%)
192	KOBIELA Przemysław	602	PARAGRAF TARNOBRZEG	M3	28	01:49:36	03:58:07	05:44:50	07:07:14.80	07:07:35.40	+04:53:39 (68.7%)	20:50	2.9 (31.5%)
193	KOŁODZIEJ Wojciech	473	CISNYMY	M2	65	01:14:13	02:48:25	05:51:56	07:13:57.90	07:13:58.90	+05:00:03 (69.1%)	21:10	2.8 (30.4%)
	KUNZ Marcin	402		M1		00:42:03 DNF	01:30:28 DNF	02:36:24 DNF	DNF	DNF	-	-	- (0.0%)
	HOFF Emilia	557	BRAK	K3		01:23:50 DNF	03:19:03 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	CHRYCZYK Wojciech	577	AUDI FANCLUB	M1		01:20:03 DNF	04:06:54 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	PARKITNY Łukasz	601	RUNONLINE.PL TEAM	M1		01:31:36 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 197 wynik(ów)